



UFO Birthday Party



CONSCIOUS COMMUNITY EVENTS presents

LORIEN'S 60th "UFO BIRTHDAY PARTY"

POTLUCK, BBQ & SKYWATCH

8/19 4-10pm \$25 Suggested Donation

SANDALWOOD ESTATES CLUBHOUSE
576 N. McDowell Blvd.
Petaluma, CA 94954

PLUS GUESTS VIA SKYPE

LorienFenton.com/conferences
Lorien's Friends Will be Presenting UFO / Alien / Conspiracy Information

ROBERT GERRALD JORJAN RICHARDS BOB STAYN DOUGLAS LEWIS MENTATOR DR. CHRISTOPHER BARTON

California Radio

MUFON

LORIEN FENTON

**WEDNESDAY 11PM EASTERN
8PM PACIFIC**



Listen on

inceptionradionetwork.com

1
00:00:03,770 --> 00:00:02,710
host of california mufon radio

2
00:00:07,749 --> 00:00:03,780
lori and fentanyl

3
00:00:09,669 --> 00:00:07,759
[Music]

4
00:00:13,430 --> 00:00:09,679
we have enough resources we have enough

5
00:00:16,150 --> 00:00:13,440
ways to do it and it can be done and i'm

6
00:00:17,830 --> 00:00:16,160
just hoping that the younger people out

7
00:00:20,230 --> 00:00:17,840
there that are really trying to change

8
00:00:22,070 --> 00:00:20,240
the world that i see these great videos

9
00:00:24,310 --> 00:00:22,080
i do i gotta say facebook has some great

10
00:00:26,150 --> 00:00:24,320
videos about some young kids that are

11
00:00:28,390 --> 00:00:26,160
you know very young like you know seven

12
00:00:29,910 --> 00:00:28,400
eight nine and ten they're like eating

13
00:00:31,509 --> 00:00:29,920

in restaurants and they see homeless

14

00:00:33,270 --> 00:00:31,519

people outside and they say mom can i

15

00:00:35,510 --> 00:00:33,280

give some my food to that person and

16

00:00:37,190 --> 00:00:35,520

they'll run outside and feed them and do

17

00:00:38,630 --> 00:00:37,200

things i mean things that are just so

18

00:00:41,190 --> 00:00:38,640

hard you know

19

00:00:43,750 --> 00:00:41,200

they touch my heart they give me hope

20

00:00:45,510 --> 00:00:43,760

they make me hope you know wonder if

21

00:00:47,190 --> 00:00:45,520

if we actually are going to solve this

22

00:00:48,549 --> 00:00:47,200

problem with this group of kids and i

23

00:00:50,229 --> 00:00:48,559

think we do i think we're going to have

24

00:00:51,350 --> 00:00:50,239

a chance to do that i think it's going

25

00:00:53,830 --> 00:00:51,360

to happen

26

00:00:56,150 --> 00:00:53,840

and uh it's just you know what can i say

27

00:00:57,990 --> 00:00:56,160

it's really an amazing thing the young

28

00:01:00,549 --> 00:00:58,000

young children have not been

29

00:01:03,510 --> 00:01:00,559

indoctrinated yet by school and by

30

00:01:05,590 --> 00:01:03,520

having things and and and beating out

31

00:01:07,990 --> 00:01:05,600

the next guy and making more money than

32

00:01:09,990 --> 00:01:08,000

the next guy yet that they're still they

33

00:01:12,310 --> 00:01:10,000

have that about them and i hope that

34

00:01:14,469 --> 00:01:12,320

they hold on to it i hope there's a way

35

00:01:15,429 --> 00:01:14,479

we can get them to hold on to it

36

00:01:20,789 --> 00:01:15,439

and

37

00:01:22,710 --> 00:01:20,799

facebook had this great thing on there

38

00:01:24,390 --> 00:01:22,720

yesterday about i don't know if it's

39

00:01:27,590 --> 00:01:24,400

still floating around but it's all about

40

00:01:30,149 --> 00:01:27,600

addiction and about how addiction is a

41

00:01:32,870 --> 00:01:30,159

product of isolation and if you bring

42

00:01:35,749 --> 00:01:32,880

like most one of their examples was that

43

00:01:38,789 --> 00:01:35,759

most of the vietnam vets um came back

44

00:01:40,550 --> 00:01:38,799

from vietnam and there was like 80 of

45

00:01:43,429 --> 00:01:40,560

them were on heroin

46

00:01:44,870 --> 00:01:43,439

or morphine every day and stone as soon

47

00:01:46,389 --> 00:01:44,880

as they got back and when they got

48

00:01:48,310 --> 00:01:46,399

around their friends and family and

49

00:01:50,789 --> 00:01:48,320

stuff they all cleaned up their very

50

00:01:52,469 --> 00:01:50,799

small percentage of them stayed addicts

51
00:01:53,830 --> 00:01:52,479
and the reason was is because they were

52
00:01:56,469 --> 00:01:53,840
isolated and they were going to be

53
00:01:58,950 --> 00:01:56,479
killed the next day so you know yeah why

54
00:02:00,389 --> 00:01:58,960
not be strong out of your mind right

55
00:02:02,709 --> 00:02:00,399
so

56
00:02:05,429 --> 00:02:02,719
addiction is a is a problem and the

57
00:02:06,950 --> 00:02:05,439
biggest problem with it is isolation

58
00:02:09,190 --> 00:02:06,960
they have nobody to be with they don't

59
00:02:10,790 --> 00:02:09,200
have a job to get they are treated like

60
00:02:13,110 --> 00:02:10,800
scum and

61
00:02:16,390 --> 00:02:13,120
they are incarcerated into a into

62
00:02:18,470 --> 00:02:16,400
another isolated area and then you know

63
00:02:20,790 --> 00:02:18,480

then they put back out on the street and

64

00:02:22,710 --> 00:02:20,800

told to to make a living for themselves

65

00:02:24,229 --> 00:02:22,720

out of these rehabs and it's just it's

66

00:02:26,949 --> 00:02:24,239

ridiculous that's not how it's going to

67

00:02:28,390 --> 00:02:26,959

work it'll never fix itself it's totally

68

00:02:30,790 --> 00:02:28,400

the wrong attitude of doing it and

69

00:02:32,550 --> 00:02:30,800

having said that gosh dang we're almost

70

00:02:34,070 --> 00:02:32,560

missed a break so here we go folks we're

71

00:02:37,030 --> 00:02:34,080

going to take our break we'll be back

72

00:02:40,869 --> 00:02:37,040

with mary elektra and robert peralta

73

00:02:45,670 --> 00:02:43,190

welcome back everyone to the california

74

00:02:47,670 --> 00:02:45,680

mufon radio show i'm your host lorian

75

00:02:50,229 --> 00:02:47,680

fenton i am so glad you guys are here

76

00:02:52,070 --> 00:02:50,239

with us on our birthday night for all my

77

00:02:53,589 --> 00:02:52,080

leo friends i can only gather two of

78

00:02:54,710 --> 00:02:53,599

them this evening but i guess that's

79

00:02:56,869 --> 00:02:54,720

more than enough because we're all

80

00:02:59,030 --> 00:02:56,879

having to bite our tongues and keep our

81

00:03:00,869 --> 00:02:59,040

keep quiet let the other one talk like

82

00:03:03,350 --> 00:03:00,879

good little kindergartners here on the

83

00:03:05,509 --> 00:03:03,360

show but before we get into that i do

84

00:03:07,670 --> 00:03:05,519

want to say that

85

00:03:09,509 --> 00:03:07,680

it is my birthday coming up this weekend

86

00:03:11,990 --> 00:03:09,519

it's my last chance to tell you guys

87

00:03:14,229 --> 00:03:12,000

about it i do hope if you live in the

88

00:03:16,309 --> 00:03:14,239

northern california area or anywhere in

89

00:03:17,509 --> 00:03:16,319

california and you can make it on up to

90

00:03:21,110 --> 00:03:17,519

petaluma

91

00:03:24,509 --> 00:03:21,120

check it out at lorianfenton.com that's

92

00:03:30,470 --> 00:03:27,430

f-e-n-t-o-n dot-com and you go to the

93

00:03:32,229 --> 00:03:30,480

conference page and it's all there it's

94

00:03:33,910 --> 00:03:32,239

all like an upcoming conference well i

95

00:03:36,149 --> 00:03:33,920

just put my birthday down there so you

96

00:03:37,509 --> 00:03:36,159

guys go check it out you can make it i'd

97

00:03:39,670 --> 00:03:37,519

love to see you we're gonna have a lot

98

00:03:42,470 --> 00:03:39,680

of fun i'm gonna be robert's gonna play

99

00:03:45,110 --> 00:03:42,480

music and uh we're gonna have a great

100

00:03:48,470 --> 00:03:45,120

it's a hot dog day because i love turkey

101
00:03:50,390 --> 00:03:48,480
dogs and i love hot dogs and i just love

102
00:03:52,390 --> 00:03:50,400
i love all that food i'm not supposed to

103
00:03:53,990 --> 00:03:52,400
eat so that's what we're gonna do

104
00:03:57,750 --> 00:03:54,000
and we're gonna have lots of cake lots

105
00:03:59,270 --> 00:03:57,760
of ice cream lots of uh you know um gosh

106
00:04:01,750 --> 00:03:59,280
i don't know maybe we'll have some

107
00:04:03,589 --> 00:04:01,760
spirits there and we'll see anyhow

108
00:04:04,949 --> 00:04:03,599
though i know there'll be a diet dr

109
00:04:06,309 --> 00:04:04,959
pepper flowing because that's my other

110
00:04:08,149 --> 00:04:06,319
favorite drink i know i'm not supposed

111
00:04:10,550 --> 00:04:08,159
to drink diet drinks you guys don't tell

112
00:04:13,110 --> 00:04:10,560
me i know that but when it's my birthday

113
00:04:15,589 --> 00:04:13,120

i get to have them okay i get to have

114

00:04:17,990 --> 00:04:15,599

them one day a week a year

115

00:04:20,310 --> 00:04:18,000

one day a week be nice but

116

00:04:23,909 --> 00:04:20,320

so anyhow uh if you can make it please

117

00:04:25,749 --> 00:04:23,919

do lorien fenton.com go to forward slash

118

00:04:28,150 --> 00:04:25,759

conferences and you'll find everything

119

00:04:30,550 --> 00:04:28,160

you need to know about the party and

120

00:04:33,030 --> 00:04:30,560

sign up and be there if you can okay so

121

00:04:34,630 --> 00:04:33,040

that's that now i want to make sure that

122

00:04:36,070 --> 00:04:34,640

you guys know about

123

00:04:38,469 --> 00:04:36,080

[Music]

124

00:04:40,230 --> 00:04:38,479

robert peralo's website and i want to

125

00:04:42,390 --> 00:04:40,240

make sure you know about mary electra's

126
00:04:44,790 --> 00:04:42,400
new website which i actually built which

127
00:04:46,550 --> 00:04:44,800
i think is adorable so robert why don't

128
00:04:48,550 --> 00:04:46,560
you go first and tell everybody how they

129
00:04:50,230 --> 00:04:48,560
can get a hold of you find you follow

130
00:04:52,150 --> 00:04:50,240
you whatever they want to do and then

131
00:04:54,710 --> 00:04:52,160
we'll get back into our dialogue i still

132
00:04:57,830 --> 00:04:54,720
want to miss it at the end of the show

133
00:05:01,030 --> 00:04:57,840
well you want to make sure that you

134
00:05:02,950 --> 00:05:01,040
turn off your computers lock your doors

135
00:05:06,230 --> 00:05:02,960
erase my phone number and pretend you

136
00:05:11,350 --> 00:05:08,950
no no no no no truth is

137
00:05:13,029 --> 00:05:11,360
is we're just that the real news is we

138
00:05:15,670 --> 00:05:13,039

are getting ready to release the brand

139

00:05:17,990 --> 00:05:15,680

new all-new robertparella.com

140

00:05:19,749 --> 00:05:18,000

and um it's not up there's a just a

141

00:05:21,990 --> 00:05:19,759

beautiful sign there that says something

142

00:05:24,629 --> 00:05:22,000

wonderful is coming and it just says the

143

00:05:26,870 --> 00:05:24,639

all-new crawler.com site and that is

144

00:05:30,070 --> 00:05:26,880

going to debut late next week we've just

145

00:05:32,230 --> 00:05:30,080

been working really hard on a show that

146

00:05:34,230 --> 00:05:32,240

is coming on air and we've been filming

147

00:05:35,670 --> 00:05:34,240

in fact we're filming this weekend uh

148

00:05:38,150 --> 00:05:35,680

believe it or not before we even get to

149

00:05:40,230 --> 00:05:38,160

the party we're going into the summer of

150

00:05:42,469 --> 00:05:40,240

love museum and filming there we're

151

00:05:44,870 --> 00:05:42,479

filming the parallel report uh the

152

00:05:47,510 --> 00:05:44,880

parallel report was originally debuted

153

00:05:49,749 --> 00:05:47,520

in 2014 and it was part of david ike's

154

00:05:51,749 --> 00:05:49,759

the people's voice in london

155

00:05:52,950 --> 00:05:51,759

and we filmed about eight episodes and

156

00:05:55,749 --> 00:05:52,960

then i sort of

157

00:05:57,510 --> 00:05:55,759

got on to another show and a music show

158

00:05:59,430 --> 00:05:57,520

and other things and lectures involved

159

00:06:01,270 --> 00:05:59,440

left it but then we realized and

160

00:06:03,510 --> 00:06:01,280

building the new website that we really

161

00:06:05,590 --> 00:06:03,520

needed to have dynamic content of where

162

00:06:08,230 --> 00:06:05,600

people could come to to find

163

00:06:10,629 --> 00:06:08,240

interesting um commentary social

164

00:06:13,990 --> 00:06:10,639

commentary on everything from

165

00:06:16,790 --> 00:06:14,000

international domestic policy uh the war

166

00:06:19,270 --> 00:06:16,800

in syria it could go all kinds of

167

00:06:20,629 --> 00:06:19,280

directions culture society

168

00:06:22,230 --> 00:06:20,639

um

169

00:06:24,550 --> 00:06:22,240

you know what's currently the latest

170

00:06:26,150 --> 00:06:24,560

trending things uh we might be talking

171

00:06:28,150 --> 00:06:26,160

about the beatles one night russell

172

00:06:30,629 --> 00:06:28,160

brand another night what's the latest

173

00:06:32,629 --> 00:06:30,639

film that everybody is going to see or

174

00:06:34,230 --> 00:06:32,639

it might be right there in the heart of

175

00:06:37,110 --> 00:06:34,240

the ufo community talking about

176
00:06:39,510 --> 00:06:37,120
disclosure and about uh what's happening

177
00:06:41,590 --> 00:06:39,520
with disclosure so it's it's a two to

178
00:06:44,950 --> 00:06:41,600
three minute social media bullet that

179
00:06:46,629 --> 00:06:44,960
goes out regularly and um some episodes

180
00:06:49,430 --> 00:06:46,639
are already filmed it's charming it's

181
00:06:51,189 --> 00:06:49,440
funny it's clever it's quick it's in and

182
00:06:53,270 --> 00:06:51,199
it's out because people aren't don't

183
00:06:55,189 --> 00:06:53,280
have always 30 minutes you know to to

184
00:06:56,790 --> 00:06:55,199
give the social media aspect unless you

185
00:06:58,550 --> 00:06:56,800
have a show like gloria and

186
00:07:00,150 --> 00:06:58,560
take the time to listen to you but for a

187
00:07:02,710 --> 00:07:00,160
guy like me you know they're gonna go

188
00:07:05,110 --> 00:07:02,720

okay let's give it a shot in and out

189

00:07:06,710 --> 00:07:05,120

i've noticed a trend on facebook like

190

00:07:08,469 --> 00:07:06,720

that you know i noticed it that's

191

00:07:10,710 --> 00:07:08,479

interesting you know 500 people will

192

00:07:12,710 --> 00:07:10,720

view something and only 12 people will

193

00:07:13,510 --> 00:07:12,720

give a thumbs up like you know

194

00:07:16,629 --> 00:07:13,520

and

195

00:07:17,589 --> 00:07:16,639

one personal comment going hated it but

196

00:07:19,670 --> 00:07:17,599

not really

197

00:07:22,469 --> 00:07:19,680

um anyway

198

00:07:24,469 --> 00:07:22,479

we gotta have that one troll everywhere

199

00:07:27,510 --> 00:07:24,479

right you gotta have that one and you

200

00:07:29,670 --> 00:07:27,520

know what that's the same guy too always

201
00:07:31,110 --> 00:07:29,680
popping up with a thumbs down it's

202
00:07:32,309 --> 00:07:31,120
always that one thumbs down and goes

203
00:07:35,110 --> 00:07:32,319
hated it

204
00:07:37,350 --> 00:07:35,120
anyway um it's but

205
00:07:38,790 --> 00:07:37,360
it is designed for content it is

206
00:07:40,950 --> 00:07:38,800
designed for

207
00:07:42,469 --> 00:07:40,960
um information

208
00:07:44,550 --> 00:07:42,479
that if they know who i am or don't know

209
00:07:47,270 --> 00:07:44,560
who i am you might find something very

210
00:07:49,270 --> 00:07:47,280
quick and fun out there and we we are a

211
00:07:52,309 --> 00:07:49,280
solution based

212
00:07:53,909 --> 00:07:52,319
show we we you are i am very electro

213
00:07:55,670 --> 00:07:53,919

we're we're all

214

00:07:57,909 --> 00:07:55,680

in the business of really finding

215

00:08:00,070 --> 00:07:57,919

solutions for a troubled society finding

216

00:08:02,550 --> 00:08:00,080

solutions for people that uh whether

217

00:08:04,469 --> 00:08:02,560

it's impoverished whether it's uh people

218

00:08:07,909 --> 00:08:04,479

that are disenfranchised

219

00:08:11,510 --> 00:08:07,919

um we we are um the the basic spirit

220

00:08:14,390 --> 00:08:11,520

community is is one that that is uh our

221

00:08:16,550 --> 00:08:14,400

moral and social responsibility to make

222

00:08:17,830 --> 00:08:16,560

the world or an individual in front of

223

00:08:20,070 --> 00:08:17,840

you

224

00:08:22,550 --> 00:08:20,080

in a better position are we not and that

225

00:08:24,150 --> 00:08:22,560

is the ultimate design so we will see

226

00:08:26,469 --> 00:08:24,160

our my site up

227

00:08:28,230 --> 00:08:26,479

next week and there you have it probably

228

00:08:29,510 --> 00:08:28,240

a thursday or friday next week and it's

229

00:08:31,029 --> 00:08:29,520

just your name just like me

230

00:08:33,990 --> 00:08:31,039

robertparalla.com

231

00:08:36,070 --> 00:08:34,000

correct yep yep oh cool cool i'm very

232

00:08:37,589 --> 00:08:36,080

excited okay mary it's your turn tell

233

00:08:40,630 --> 00:08:37,599

everybody how to find you and what you

234

00:08:42,469 --> 00:08:40,640

do and and what what they can you know

235

00:08:43,269 --> 00:08:42,479

get from your site

236

00:08:45,350 --> 00:08:43,279

gosh

237

00:08:48,389 --> 00:08:45,360

it's so hard uh

238

00:08:50,310 --> 00:08:48,399

to condense it but my site

239

00:08:55,829 --> 00:08:50,320

so beautiful

240

00:09:00,389 --> 00:08:59,190

go look at it it's called sound healing

241

00:09:06,790 --> 00:09:00,399

electra

242

00:09:08,710 --> 00:09:06,800

e-l-e-c-t-r-a

243

00:09:10,949 --> 00:09:08,720

and it's sound healing electra and my

244

00:09:12,230 --> 00:09:10,959

facebook page is sound healing elektra

245

00:09:14,070 --> 00:09:12,240

so you can go to

246

00:09:17,350 --> 00:09:14,080

facebook and find me on facebook and

247

00:09:19,509 --> 00:09:17,360

that'll direct you to my website as well

248

00:09:22,870 --> 00:09:19,519

and i guess you might have guessed by

249

00:09:24,470 --> 00:09:22,880

now if i do sound healing and i do uh

250

00:09:26,870 --> 00:09:24,480

spiritual readings

251
00:09:30,230 --> 00:09:26,880
uh and

252
00:09:31,030 --> 00:09:30,240
i write books

253
00:09:33,269 --> 00:09:31,040
and i

254
00:09:35,750 --> 00:09:33,279
i'm just i just found an illustrator for

255
00:09:37,350 --> 00:09:35,760
my children's book so hopefully by the

256
00:09:38,550 --> 00:09:37,360
end of the year i'll have my children's

257
00:09:40,389 --> 00:09:38,560
book out

258
00:09:42,470 --> 00:09:40,399
called the land of no sleep it's just

259
00:09:43,269 --> 00:09:42,480
the cutest little thing

260
00:09:51,590 --> 00:09:43,279
and

261
00:09:54,550 --> 00:09:51,600
spritzers

262
00:09:57,430 --> 00:09:54,560
and i love your answers

263
00:09:59,509 --> 00:09:57,440

thank you very much and as robert said i

264

00:10:00,710 --> 00:09:59,519

believe that we're here to advocate

265

00:10:04,550 --> 00:10:00,720

um

266

00:10:07,350 --> 00:10:04,560

well i know my journey is my journey is

267

00:10:08,790 --> 00:10:07,360

to instill in all those who come in

268

00:10:11,430 --> 00:10:08,800

contact with me

269

00:10:12,790 --> 00:10:11,440

that they are their own magic

270

00:10:15,590 --> 00:10:12,800

that

271

00:10:19,910 --> 00:10:15,600

i am not their guru

272

00:10:23,910 --> 00:10:20,790

my

273

00:10:26,230 --> 00:10:23,920

desire is to open the channels

274

00:10:28,550 --> 00:10:26,240

within people to find

275

00:10:29,750 --> 00:10:28,560

their own higher guidance and their own

276

00:10:33,030 --> 00:10:29,760

magic

277

00:10:34,710 --> 00:10:33,040

and that's what i believe my sound

278

00:10:37,590 --> 00:10:34,720

is for

279

00:10:39,190 --> 00:10:37,600

and then i also do massage

280

00:10:44,310 --> 00:10:39,200

and

281

00:10:47,030 --> 00:10:44,320

that for you guys they could tell you

282

00:10:49,350 --> 00:10:47,040

whether i'm gonna get it or not but well

283

00:10:50,949 --> 00:10:49,360

i gotta say gary

284

00:10:53,190 --> 00:10:50,959

it's beyond terrific you know what's

285

00:10:57,829 --> 00:10:53,200

cool about it the most is that she sings

286

00:11:03,750 --> 00:11:00,470

and it's an elvis song which is even

287

00:11:07,509 --> 00:11:05,829

i can see it now next time we all get

288

00:11:09,350 --> 00:11:07,519

together we'll put our feet together and

289

00:11:10,389 --> 00:11:09,360

we'll all start humming elvis i can see

290

00:11:11,829 --> 00:11:10,399

it now

291

00:11:13,670 --> 00:11:11,839

oh my god

292

00:11:15,910 --> 00:11:13,680

you know when you're over

293

00:11:17,509 --> 00:11:15,920

when you're over 60 don't don't these

294

00:11:19,269 --> 00:11:17,519

strange things start happening i'm going

295

00:11:22,150 --> 00:11:19,279

to be hitting 60 this year so now i'm

296

00:11:24,870 --> 00:11:22,160

going to be part of the club you guys

297

00:11:26,230 --> 00:11:24,880

oh and what a club it is it's a great

298

00:11:27,430 --> 00:11:26,240

thing

299

00:11:29,509 --> 00:11:27,440

yeah

300

00:11:31,670 --> 00:11:29,519

i find myself you guys are going to love

301
00:11:33,590 --> 00:11:31,680
this story i met the doctors the other

302
00:11:35,509 --> 00:11:33,600
day and they say they know they start

303
00:11:37,350 --> 00:11:35,519
asking these questions now i'm going to

304
00:11:39,269 --> 00:11:37,360
ask you two about this and then i want

305
00:11:40,470 --> 00:11:39,279
to go back to russell brand a little

306
00:11:42,710 --> 00:11:40,480
later but

307
00:11:44,470 --> 00:11:42,720
um i'm sitting at the doctors and they

308
00:11:46,389 --> 00:11:44,480
start in on

309
00:11:48,389 --> 00:11:46,399
first they ask you your name your

310
00:11:50,870 --> 00:11:48,399
address your birth date they got to have

311
00:11:53,110 --> 00:11:50,880
all that five people have to ask you all

312
00:11:53,910 --> 00:11:53,120
the same question to make sure it's you

313
00:11:55,829 --> 00:11:53,920

okay

314

00:11:58,230 --> 00:11:55,839

and i get that because you're we're all

315

00:11:59,990 --> 00:11:58,240

on obamacare now and what have you right

316

00:12:00,870 --> 00:12:00,000

so i'm in there and i got to make sure

317

00:12:03,269 --> 00:12:00,880

i'm not

318

00:12:05,190 --> 00:12:03,279

joe blow off you know whatever trying to

319

00:12:06,790 --> 00:12:05,200

get health care right

320

00:12:08,069 --> 00:12:06,800

so yeah but they finally get to the

321

00:12:10,389 --> 00:12:08,079

questions of

322

00:12:12,790 --> 00:12:10,399

do you feel depressed do you have a gun

323

00:12:13,990 --> 00:12:12,800

in your house you know blah blah blah

324

00:12:16,230 --> 00:12:14,000

i'm like

325

00:12:17,350 --> 00:12:16,240

every time they get to these questions

326

00:12:18,949 --> 00:12:17,360

i'm like

327

00:12:20,870 --> 00:12:18,959

um excuse me

328

00:12:23,829 --> 00:12:20,880

do you know that uh we have a

329

00:12:27,350 --> 00:12:23,839

constitution here in the united states i

330

00:12:29,269 --> 00:12:27,360

go into this whole tirade to the poor

331

00:12:30,790 --> 00:12:29,279

technician person who's sitting there

332

00:12:32,310 --> 00:12:30,800

filling out these forms while they're

333

00:12:34,629 --> 00:12:32,320

doing my blood pressure and my

334

00:12:37,110 --> 00:12:34,639

temperature and all this stuff this poor

335

00:12:39,110 --> 00:12:37,120

person no matter who it is it's a whole

336

00:12:40,470 --> 00:12:39,120

earful for five minutes while they're

337

00:12:42,790 --> 00:12:40,480

doing all this stuff about the

338

00:12:44,430 --> 00:12:42,800

constitution of the united states and

339

00:12:46,550 --> 00:12:44,440

they're of course they're all

340

00:12:48,389 --> 00:12:46,560

mexican-americans so you know they're

341

00:12:50,310 --> 00:12:48,399

like yeah we know about the constitution

342

00:12:52,710 --> 00:12:50,320

of the united states i'd go but you

343

00:12:54,470 --> 00:12:52,720

don't understand it kids you just don't

344

00:12:56,550 --> 00:12:54,480

get it you don't have to ask these

345

00:12:58,629 --> 00:12:56,560

questions and i don't have to answer

346

00:13:00,230 --> 00:12:58,639

them and we go to this whole thing and

347

00:13:01,750 --> 00:13:00,240

by the time they leave they're always

348

00:13:04,150 --> 00:13:01,760

like you know looking at me like i'm

349

00:13:05,509 --> 00:13:04,160

half crazy but i hope i'm getting

350

00:13:07,750 --> 00:13:05,519

through to them because you know the

351
00:13:08,470 --> 00:13:07,760
reality is

352
00:13:10,069 --> 00:13:08,480
um

353
00:13:11,750 --> 00:13:10,079
there's no reason for them to ask me

354
00:13:13,910 --> 00:13:11,760
these personal questions and it's none

355
00:13:15,829 --> 00:13:13,920
of their business so

356
00:13:17,590 --> 00:13:15,839
anyhow i just feel like i'm getting over

357
00:13:18,870 --> 00:13:17,600
60 i'm getting really wild with my

358
00:13:23,670 --> 00:13:18,880
answers

359
00:13:28,550 --> 00:13:25,990
and don't forget your a1c

360
00:13:30,790 --> 00:13:28,560
and all these other things gosh the

361
00:13:33,110 --> 00:13:30,800
growing older is interesting because it

362
00:13:35,829 --> 00:13:33,120
shows you where you've really been

363
00:13:37,829 --> 00:13:35,839

you know um

364

00:13:39,829 --> 00:13:37,839

i had a doctor's report i had my blood

365

00:13:42,150 --> 00:13:39,839

taken i had everything a full

366

00:13:45,269 --> 00:13:42,160

comprehensive blood panel and everything

367

00:13:47,590 --> 00:13:45,279

um and the doctor came in and i said

368

00:13:48,949 --> 00:13:47,600

how'd i do he goes

369

00:13:51,829 --> 00:13:48,959

um

370

00:13:53,829 --> 00:13:51,839

i need you to sit down for a minute

371

00:13:56,310 --> 00:13:53,839

oh [h__h] you know when you hear i need

372

00:13:58,389 --> 00:13:56,320

you to sit down what makes new simply

373

00:14:01,189 --> 00:13:58,399

summer z feminine wash different it's

374

00:14:03,269 --> 00:14:01,199

simple seriously that's the answer it's

375

00:14:04,629 --> 00:14:03,279

made with simple ingredients ingredients

376

00:14:07,030 --> 00:14:04,639

that help stop odor and help you

377

00:14:08,949 --> 00:14:07,040

maintain a naturally healthy ph gently

378

00:14:11,030 --> 00:14:08,959

and effectively here's what simply

379

00:14:14,150 --> 00:14:11,040

summer's eve ingredients do not include

380

00:14:16,150 --> 00:14:14,160

harsh chemicals dyes alcohol or parabens

381

00:14:18,550 --> 00:14:16,160

and it comes in light refreshing scents

382

00:14:20,629 --> 00:14:18,560

like mandarin blossom and coconut water

383

00:14:22,629 --> 00:14:20,639

new simply summer's eve gentle foaming

384

00:14:26,949 --> 00:14:22,639

wash and cleansing cloths gentle by

385

00:14:32,550 --> 00:14:29,829

that's like oh my god i thought oh god i

386

00:14:33,910 --> 00:14:32,560

messed up oh god my life has gone by so

387

00:14:35,430 --> 00:14:33,920

fast if i thought my life was going to

388

00:14:38,310 --> 00:14:35,440

go by this fast i think i'd want my

389

00:14:39,670 --> 00:14:38,320

money back oh god how bad is it and he

390

00:14:41,189 --> 00:14:39,680

goes well

391

00:14:43,350 --> 00:14:41,199

you know how they kind of tease you a

392

00:14:45,350 --> 00:14:43,360

little bit they tease you because they

393

00:14:48,069 --> 00:14:45,360

want you to adjust they want you to

394

00:14:50,550 --> 00:14:48,079

shift they want you to think so they let

395

00:14:56,470 --> 00:14:50,560

you fry a little bit there first so

396

00:14:59,430 --> 00:14:57,430

you know

397

00:15:00,470 --> 00:14:59,440

so as your heart's racing once it gets

398

00:15:01,990 --> 00:15:00,480

to it now

399

00:15:04,069 --> 00:15:02,000

he checks your heart he waits till your

400

00:15:05,110 --> 00:15:04,079

heart's racing and then he gives you the

401
00:15:06,790 --> 00:15:05,120
news

402
00:15:07,670 --> 00:15:06,800
you know because he wants you nice and

403
00:15:09,590 --> 00:15:07,680
ripe

404
00:15:11,189 --> 00:15:09,600
you know but then that's what they're

405
00:15:13,509 --> 00:15:11,199
there for they're there to help and

406
00:15:15,269 --> 00:15:13,519
everything you know i guess the best

407
00:15:17,269 --> 00:15:15,279
thing is preventative medicine is just

408
00:15:19,990 --> 00:15:17,279
being conscious awake and aware and

409
00:15:21,829 --> 00:15:20,000
every day taking a self-audit inventory

410
00:15:23,910 --> 00:15:21,839
you know we can't afford to be

411
00:15:26,389 --> 00:15:23,920
just fly by night anymore you we don't

412
00:15:29,110 --> 00:15:26,399
have the luxury in this dimension even

413
00:15:30,550 --> 00:15:29,120

of just being casual about our diets if

414

00:15:32,310 --> 00:15:30,560

we're going to be the way showers in the

415

00:15:34,150 --> 00:15:32,320

transition team we're going to have to

416

00:15:35,269 --> 00:15:34,160

really do that inner work and everything

417

00:15:37,110 --> 00:15:35,279

so

418

00:15:38,829 --> 00:15:37,120

it's always a i don't mean to be overly

419

00:15:40,790 --> 00:15:38,839

motivational here but you

420

00:15:42,629 --> 00:15:40,800

know good reminder

421

00:15:44,230 --> 00:15:42,639

yeah promise me on saturday robert we're

422

00:15:47,030 --> 00:15:44,240

going to eat everything we want until we

423

00:15:48,150 --> 00:15:47,040

get stuff full of bad stuff

424

00:15:53,189 --> 00:15:48,160

in other words you'll see what you're

425

00:15:57,670 --> 00:15:55,030

i'll beat you sunday marry for breakfast

426

00:15:59,749 --> 00:15:57,680

and we'll have eggs okay

427

00:16:03,670 --> 00:15:59,759

so what we're saying is a train wreck on

428

00:16:07,910 --> 00:16:05,350

yeah i get that one that's a lot of

429

00:16:09,670 --> 00:16:07,920

people live that lifestyle too they live

430

00:16:11,509 --> 00:16:09,680

it constantly they they

431

00:16:14,310 --> 00:16:11,519

everybody's constantly making a deal

432

00:16:15,829 --> 00:16:14,320

with themselves and it's the rewards

433

00:16:16,949 --> 00:16:15,839

you know the whole cycle of it is

434

00:16:19,030 --> 00:16:16,959

rewards

435

00:16:20,870 --> 00:16:19,040

well i do know how boring it was for me

436

00:16:23,350 --> 00:16:20,880

for a year and a half to eat nothing but

437

00:16:25,030 --> 00:16:23,360

lettuce and chicken i mean seriously i

438

00:16:27,430 --> 00:16:25,040

lost a lot of weight but it was just

439

00:16:28,389 --> 00:16:27,440

lettuce and chicken all the time all the

440

00:16:30,310 --> 00:16:28,399

time

441

00:16:32,389 --> 00:16:30,320

you know you get to a point where a host

442

00:16:33,749 --> 00:16:32,399

of snowball is like you're you're at

443

00:16:35,430 --> 00:16:33,759

four o'clock in the morning you're

444

00:16:37,990 --> 00:16:35,440

laying in bed and going

445

00:16:39,990 --> 00:16:38,000

i gotta have that host of snowball do i

446

00:16:42,550 --> 00:16:40,000

want to get dressed get in the car drive

447

00:16:44,310 --> 00:16:42,560

to the 24-hour safeway and buy it or do

448

00:16:45,509 --> 00:16:44,320

i just want to lay here and dream about

449

00:16:47,910 --> 00:16:45,519

it you know

450

00:16:49,990 --> 00:16:47,920

and sometimes i'll if the host of

451
00:16:53,030 --> 00:16:50,000
snowball will win

452
00:16:55,189 --> 00:16:53,040
i call it the who would have thought

453
00:16:57,269 --> 00:16:55,199
attack

454
00:16:59,910 --> 00:16:57,279
oh my god who would have thought

455
00:17:02,069 --> 00:16:59,920
it's like you know damn those 24-hour

456
00:17:05,029 --> 00:17:02,079
safeways i'm telling you in all the

457
00:17:06,470 --> 00:17:05,039
24-hour stores because it's like you

458
00:17:09,110 --> 00:17:06,480
know two o'clock in the morning you're

459
00:17:10,789 --> 00:17:09,120
thinking god oreo cookies sounds so good

460
00:17:13,110 --> 00:17:10,799
right now you know

461
00:17:14,630 --> 00:17:13,120
you're just like oh but i could drink i

462
00:17:16,150 --> 00:17:14,640
could get in the car and drive down and

463
00:17:17,669 --> 00:17:16,160

get some see i don't keep any of that

464

00:17:19,669 --> 00:17:17,679

stuff in my house

465

00:17:20,549 --> 00:17:19,679

so that i have to go through this whole

466

00:17:23,909 --> 00:17:20,559

thing

467

00:17:26,390 --> 00:17:23,919

to get them right so and usually uh

468

00:17:28,150 --> 00:17:26,400

getting dressed driving there's so much

469

00:17:30,830 --> 00:17:28,160

of a hap hassle that i go to the

470

00:17:34,150 --> 00:17:30,840

refrigerator and i get a pickle you

471

00:17:37,029 --> 00:17:34,160

know you kind of break my diet

472

00:17:37,830 --> 00:17:37,039

so or eat an apple or something good for

473

00:17:40,390 --> 00:17:37,840

me

474

00:17:42,710 --> 00:17:40,400

and i'm like oh this is so depressing

475

00:17:44,710 --> 00:17:42,720

you know the battle of the bold very

476

00:17:46,789 --> 00:17:44,720

you've been down this battle too it's

477

00:17:49,590 --> 00:17:46,799

just it's a horrible battle to have to

478

00:17:51,110 --> 00:17:49,600

live i swear to god what i'd give to be

479

00:17:52,950 --> 00:17:51,120

one of those skinny people on this

480

00:17:54,310 --> 00:17:52,960

planet i get so much done it would be

481

00:17:56,549 --> 00:17:54,320

insane

482

00:17:58,390 --> 00:17:56,559

you know i'm gonna say one thing though

483

00:18:00,950 --> 00:17:58,400

it's like for me

484

00:18:02,230 --> 00:18:00,960

just me personally

485

00:18:04,390 --> 00:18:02,240

um

486

00:18:06,230 --> 00:18:04,400

we're talking about doctors and stuff

487

00:18:10,350 --> 00:18:06,240

i i

488

00:18:12,470 --> 00:18:10,360

i haven't been to a doctor since

489

00:18:14,630 --> 00:18:12,480

1977 i think

490

00:18:17,270 --> 00:18:14,640

except i had to go to the hospital when

491

00:18:19,350 --> 00:18:17,280

i had an allergic reaction to

492

00:18:23,029 --> 00:18:19,360

poison oak and i had to get a shot

493

00:18:25,750 --> 00:18:23,039

because my body was swelling

494

00:18:26,789 --> 00:18:25,760

so there are times when you really need

495

00:18:28,310 --> 00:18:26,799

medicine

496

00:18:29,830 --> 00:18:28,320

and i i'm not going to say that i'm in

497

00:18:32,150 --> 00:18:29,840

the best of health but i can tell you

498

00:18:34,150 --> 00:18:32,160

that my body is strong

499

00:18:36,630 --> 00:18:34,160

my body is wonderful it's had some

500

00:18:38,870 --> 00:18:36,640

injuries and i'm i'm i'm getting stem

501
00:18:42,390 --> 00:18:38,880
cell replacement to

502
00:18:44,390 --> 00:18:42,400
deal with high mobility issues because

503
00:18:45,270 --> 00:18:44,400
i believe that that really is our future

504
00:18:50,150 --> 00:18:45,280
and it's

505
00:18:51,750 --> 00:18:50,160
regrowth within yourself but as far as

506
00:18:53,750 --> 00:18:51,760
as my

507
00:18:55,510 --> 00:18:53,760
any issues i have

508
00:18:57,270 --> 00:18:55,520
my whole

509
00:18:59,590 --> 00:18:57,280
physical being

510
00:19:00,710 --> 00:18:59,600
is so connected to my emotion and my

511
00:19:05,350 --> 00:19:00,720
spirit

512
00:19:08,070 --> 00:19:05,360
out of balance

513
00:19:09,350 --> 00:19:08,080

my body is reflecting that and for a

514

00:19:12,070 --> 00:19:09,360

long time

515

00:19:14,470 --> 00:19:12,080

i have been really emotionally

516

00:19:19,270 --> 00:19:14,480

out of balance for

517

00:19:24,150 --> 00:19:21,669

and there i mean i know the reasons for

518

00:19:25,590 --> 00:19:24,160

it and all of that other stuff but i

519

00:19:28,070 --> 00:19:25,600

know that one of the things that i'm

520

00:19:30,390 --> 00:19:28,080

having a very difficult time is bringing

521

00:19:33,350 --> 00:19:30,400

my emotional state of being back into

522

00:19:35,510 --> 00:19:33,360

balance and i have a feeling

523

00:19:39,029 --> 00:19:35,520

there are many many many many people on

524

00:19:41,270 --> 00:19:39,039

this planet whose emotional being

525

00:19:44,070 --> 00:19:41,280

are really out of balance

526

00:19:46,549 --> 00:19:44,080

and it's reflecting in their physical

527

00:19:48,630 --> 00:19:46,559

and spiritual natures and

528

00:19:50,830 --> 00:19:48,640

so i just think sometimes we just need

529

00:19:55,909 --> 00:19:53,830

address know the fly on the wall so to

530

00:19:58,630 --> 00:19:55,919

speak because

531

00:20:00,870 --> 00:19:58,640

i i don't know i don't have one physical

532

00:20:03,270 --> 00:20:00,880

issue that i can't

533

00:20:05,909 --> 00:20:03,280

take back to some personal

534

00:20:08,310 --> 00:20:05,919

charge that i have and i don't really

535

00:20:09,750 --> 00:20:08,320

always know how to to deal with it you

536

00:20:11,110 --> 00:20:09,760

know what i mean i just

537

00:20:14,470 --> 00:20:11,120

there are times

538

00:20:15,909 --> 00:20:14,480

but i think that there are a lot of

539

00:20:16,630 --> 00:20:15,919

people on the planet that are feeling

540

00:20:17,510 --> 00:20:16,640

this

541

00:20:20,549 --> 00:20:17,520

that

542

00:20:21,590 --> 00:20:20,559

i don't know if i want to be here

543

00:20:24,230 --> 00:20:21,600

always

544

00:20:28,710 --> 00:20:24,240

you know being on this planet is is not

545

00:20:31,909 --> 00:20:28,720

as much joy as it was before 2001

546

00:20:34,549 --> 00:20:31,919

and before 2001 it was there was a

547

00:20:36,070 --> 00:20:34,559

much different feeling but when we had

548

00:20:37,909 --> 00:20:36,080

911

549

00:20:39,110 --> 00:20:37,919

this the whole

550

00:20:42,310 --> 00:20:39,120

energy

551
00:20:45,270 --> 00:20:42,320
field on this planet shifted

552
00:20:46,950 --> 00:20:45,280
dramatically and it took a long time for

553
00:20:48,710 --> 00:20:46,960
people to realize

554
00:20:49,830 --> 00:20:48,720
that that shift was happening it didn't

555
00:20:52,630 --> 00:20:49,840
really

556
00:20:55,029 --> 00:20:52,640
dawn on them until about 2008

557
00:20:57,270 --> 00:20:55,039
but there was a

558
00:21:00,470 --> 00:20:57,280
massive shift

559
00:21:04,789 --> 00:21:02,630
i have a feeling that right now after

560
00:21:06,789 --> 00:21:04,799
this eclipse and all of these things

561
00:21:09,430 --> 00:21:06,799
that are being aligned

562
00:21:12,070 --> 00:21:09,440
i have a feeling that that's

563
00:21:14,230 --> 00:21:12,080

going to break up

564

00:21:16,230 --> 00:21:14,240

that kind of shield

565

00:21:18,470 --> 00:21:16,240

that it feels like has been around the

566

00:21:19,750 --> 00:21:18,480

planet since 2001 it's going to break

567

00:21:22,149 --> 00:21:19,760

things apart

568

00:21:25,110 --> 00:21:22,159

and there'll be a lot of

569

00:21:26,310 --> 00:21:25,120

hopefully healing taking place awakening

570

00:21:31,029 --> 00:21:26,320

taking place

571

00:21:33,350 --> 00:21:31,039

i hope so too

572

00:21:35,270 --> 00:21:33,360

how's that for taking everybody to a

573

00:21:37,110 --> 00:21:35,280

very dark place

574

00:21:39,110 --> 00:21:37,120

well no i think that

575

00:21:41,190 --> 00:21:39,120

that was very well said because you know

576
00:21:42,789 --> 00:21:41,200
robert kind of you know we're talking

577
00:21:45,750 --> 00:21:42,799
about it on the break robert you're

578
00:21:47,750 --> 00:21:45,760
talking about um russell brand and

579
00:21:48,710 --> 00:21:47,760
you're talking about how we really need

580
00:22:02,789 --> 00:21:48,720
to

581
00:22:04,710 --> 00:22:02,799
well the goal's always the same

582
00:22:06,950 --> 00:22:04,720
most people just want to feel a sense of

583
00:22:09,430 --> 00:22:06,960
balance and a sense of connectedness

584
00:22:11,590 --> 00:22:09,440
and for a while drugs got us to there to

585
00:22:14,310 --> 00:22:11,600
a certain degree maybe a relationship

586
00:22:16,149 --> 00:22:14,320
got us there and then those didn't work

587
00:22:17,830 --> 00:22:16,159
and then we live our life and then we

588
00:22:20,110 --> 00:22:17,840

see other patterns appear and other

589

00:22:22,230 --> 00:22:20,120

challenges and then it might lead to

590

00:22:23,270 --> 00:22:22,240

disenfranchisement it might lead

591

00:22:24,870 --> 00:22:23,280

to

592

00:22:27,830 --> 00:22:24,880

i mean they always ask you when you come

593

00:22:30,310 --> 00:22:27,840

into a recovery program is it is it

594

00:22:32,870 --> 00:22:30,320

trauma is it abuse is it narcissism is

595

00:22:35,270 --> 00:22:32,880

it codependency is it drug addiction did

596

00:22:37,590 --> 00:22:35,280

someone touch you where you know i mean

597

00:22:40,149 --> 00:22:37,600

there you go the list goes on and on i

598

00:22:42,470 --> 00:22:40,159

think what russell is is courageously

599

00:22:44,149 --> 00:22:42,480

doing is using his celebrity

600

00:22:46,470 --> 00:22:44,159

and the fact that he's in motion

601
00:22:48,870 --> 00:22:46,480
pictures and he's a comedian and he's so

602
00:22:52,310 --> 00:22:48,880
hooked up in the in the uh

603
00:22:55,029 --> 00:22:52,320
in the music and art and and film world

604
00:22:57,190 --> 00:22:55,039
that um he's just laying out a real

605
00:22:58,870 --> 00:22:57,200
basic pattern that applies to us all it

606
00:23:01,750 --> 00:22:58,880
doesn't matter you know if you're world

607
00:23:03,430 --> 00:23:01,760
famous or you're a complete unknown

608
00:23:04,870 --> 00:23:03,440
you the the first thing is is to

609
00:23:06,870 --> 00:23:04,880
recognize that there's a pattern there

610
00:23:09,909 --> 00:23:06,880
that's not serving you at all

611
00:23:12,390 --> 00:23:09,919
and the next thing is is to

612
00:23:14,549 --> 00:23:12,400
you know really seek uh seek advice and

613
00:23:16,870 --> 00:23:14,559

seek help but you won't do that unless

614

00:23:18,630 --> 00:23:16,880

you really admit to yourself first that

615

00:23:19,750 --> 00:23:18,640

there is a problem so it's really being

616

00:23:21,270 --> 00:23:19,760

written

617

00:23:22,390 --> 00:23:21,280

really a program of honesty more than

618

00:23:24,390 --> 00:23:22,400

anything else

619

00:23:27,029 --> 00:23:24,400

and then just you know to be able to

620

00:23:29,190 --> 00:23:27,039

have the courage to uh ask ask for help

621

00:23:32,149 --> 00:23:29,200

and then and it and no one has to be

622

00:23:35,110 --> 00:23:32,159

ashamed in any of this because everyone

623

00:23:37,750 --> 00:23:35,120

actually is addicted to something if you

624

00:23:39,990 --> 00:23:37,760

really ask a particular a joe on the

625

00:23:41,110 --> 00:23:40,000

street who feels like uh you know in one

626
00:23:42,789 --> 00:23:41,120
of those uh

627
00:23:44,390 --> 00:23:42,799
train ride conversations or bus

628
00:23:45,909 --> 00:23:44,400
conversations where you meet a stranger

629
00:23:48,630 --> 00:23:45,919
and you find out throughout the trip

630
00:23:50,310 --> 00:23:48,640
that you're unveiling all your personal

631
00:23:51,830 --> 00:23:50,320
things you've wanted to say to someone

632
00:23:55,590 --> 00:23:51,840
that isn't connected with your friends

633
00:23:58,710 --> 00:23:55,600
and you can do this sort of anonymously

634
00:24:00,549 --> 00:23:58,720
you find that you know that it's just

635
00:24:03,029 --> 00:24:00,559
one addiction after the next for some

636
00:24:05,909 --> 00:24:03,039
it's the internet television

637
00:24:07,190 --> 00:24:05,919
it's coffee it's it's a stimulant it's

638
00:24:10,549 --> 00:24:07,200

marijuana

639

00:24:14,070 --> 00:24:10,559

it's alcohol it's it's whatever but

640

00:24:15,669 --> 00:24:14,080

society is so disconnected now

641

00:24:16,789 --> 00:24:15,679

from the fact that

642

00:24:19,269 --> 00:24:16,799

um

643

00:24:23,029 --> 00:24:19,279

you know automatic and automation

644

00:24:23,990 --> 00:24:23,039

uh has taken away so many jobs and and

645

00:24:26,789 --> 00:24:24,000

hope

646

00:24:29,110 --> 00:24:26,799

that um you know the the computer is

647

00:24:31,750 --> 00:24:29,120

your best friend it's your worst enemy

648

00:24:34,230 --> 00:24:31,760

and uh so many people are out of work

649

00:24:35,909 --> 00:24:34,240

and uh and feel and then that leads to

650

00:24:37,750 --> 00:24:35,919

the relationship being in trouble that

651
00:24:39,990 --> 00:24:37,760
might be in trouble already and then

652
00:24:41,909 --> 00:24:40,000
that leads to i gotta change my feelings

653
00:24:43,750 --> 00:24:41,919
and it's we're always constantly

654
00:24:45,590 --> 00:24:43,760
changing our feelings and

655
00:24:49,110 --> 00:24:45,600
you know i'll admit to everybody i'm 62

656
00:24:51,990 --> 00:24:49,120
next week on wednesday um and

657
00:24:54,390 --> 00:24:52,000
i'm seeing my i'm seeing literally

658
00:24:56,870 --> 00:24:54,400
almost everyone i know in some form or

659
00:24:59,029 --> 00:24:56,880
another is hitting the wall

660
00:25:01,590 --> 00:24:59,039
that's a metaphor for

661
00:25:04,310 --> 00:25:01,600
um they've come to

662
00:25:06,950 --> 00:25:04,320
a wall where they've had to confront

663
00:25:08,710 --> 00:25:06,960

um you know the toughest element about

664

00:25:12,070 --> 00:25:08,720

what what what's the primer what is the

665

00:25:14,789 --> 00:25:12,080

very center primer of uh

666

00:25:16,950 --> 00:25:14,799

of your dilemma where is this really

667

00:25:19,110 --> 00:25:16,960

coming from if you try to centralize it

668

00:25:20,549 --> 00:25:19,120

down where is it coming from

669

00:25:22,630 --> 00:25:20,559

now i know that that's not nearly as

670

00:25:25,510 --> 00:25:22,640

funny as the earlier part of our show

671

00:25:27,590 --> 00:25:25,520

but it needs to be said because um

672

00:25:28,470 --> 00:25:27,600

people need to feel safe and need to

673

00:25:30,870 --> 00:25:28,480

feel

674

00:25:32,870 --> 00:25:30,880

um that they have someone to talk to you

675

00:25:34,470 --> 00:25:32,880

know i get secret facebook messages

676

00:25:36,789 --> 00:25:34,480

because they see my russell brand

677

00:25:38,310 --> 00:25:36,799

postings or they'll see me in a lecture

678

00:25:39,990 --> 00:25:38,320

and they'll say okay in the lecture this

679

00:25:42,710 --> 00:25:40,000

i really like the esoteric part i like

680

00:25:44,710 --> 00:25:42,720

the ufo part i love your story or i like

681

00:25:46,710 --> 00:25:44,720

this this sort of planetary shift in

682

00:25:48,549 --> 00:25:46,720

consciousness that you're talking about

683

00:25:50,149 --> 00:25:48,559

but then it got really personalized

684

00:25:53,029 --> 00:25:50,159

about you know

685

00:25:55,669 --> 00:25:53,039

what do we do about this it's it you've

686

00:25:58,390 --> 00:25:55,679

you've got to have a plentiful a

687

00:26:00,630 --> 00:25:58,400

backpack of anecdotes for living

688

00:26:02,950 --> 00:26:00,640

or you're not going to really survive in

689

00:26:06,149 --> 00:26:02,960

this climate because there's so much

690

00:26:08,149 --> 00:26:06,159

pressure in every sector that it demands

691

00:26:10,710 --> 00:26:08,159

absolute the pinnacle point of your

692

00:26:12,310 --> 00:26:10,720

emotional mastery your relationship

693

00:26:15,269 --> 00:26:12,320

mastery will be challenged and needs to

694

00:26:17,430 --> 00:26:15,279

be addressed your physical mastery and

695

00:26:20,230 --> 00:26:17,440

certainly you know how you stand you

696

00:26:22,310 --> 00:26:20,240

know mostly you know emotionally uh

697

00:26:24,630 --> 00:26:22,320

right there so you're doing it your

698

00:26:27,029 --> 00:26:24,640

shows are arriving or your show offers a

699

00:26:29,590 --> 00:26:27,039

platform to talk about

700

00:26:32,310 --> 00:26:29,600

you know spiritual stuff as well as um

701
00:26:33,510 --> 00:26:32,320
how do people live better and you know i

702
00:26:35,029 --> 00:26:33,520
guess i would just say thanks for having

703
00:26:36,870 --> 00:26:35,039
me on the show that i got a chance to

704
00:26:38,390 --> 00:26:36,880
say this because

705
00:26:39,750 --> 00:26:38,400
at the heart of all the sensational

706
00:26:41,430 --> 00:26:39,760
stuff in the lectures that i do that

707
00:26:43,110 --> 00:26:41,440
they that they'd like to hear about and

708
00:26:44,149 --> 00:26:43,120
that's great and the books and this is

709
00:26:45,510 --> 00:26:44,159
fun

710
00:26:47,350 --> 00:26:45,520
i really like to give them a

711
00:26:49,669 --> 00:26:47,360
solution-based thing that they can take

712
00:26:52,710 --> 00:26:49,679
home and later we can talk about it

713
00:26:55,830 --> 00:26:52,720

because if we're not serving uh then

714

00:26:58,310 --> 00:26:55,840

we're not growing and if we're not awake

715

00:27:00,230 --> 00:26:58,320

we haven't done our homework and

716

00:27:02,549 --> 00:27:00,240

we're here as spiritual message

717

00:27:04,470 --> 00:27:02,559

messengers to enlighten the planet to be

718

00:27:07,430 --> 00:27:04,480

stewards of goodwill

719

00:27:09,269 --> 00:27:07,440

and to to raise our standards and a lot

720

00:27:11,110 --> 00:27:09,279

of people are hypnotized totally by the

721

00:27:12,390 --> 00:27:11,120

bombardment of everything that is

722

00:27:14,950 --> 00:27:12,400

happening to them

723

00:27:16,710 --> 00:27:14,960

that um we can lose sight of that really

724

00:27:18,789 --> 00:27:16,720

you know so when somebody's coaching me

725

00:27:20,230 --> 00:27:18,799

i'm listening i'm on the field every day

726

00:27:22,070 --> 00:27:20,240

this oh where's the field i didn't know

727

00:27:23,669 --> 00:27:22,080

you played something

728

00:27:25,669 --> 00:27:23,679

is it tennis

729

00:27:27,350 --> 00:27:25,679

no it's called life and you're in the

730

00:27:29,190 --> 00:27:27,360

field is just when you get up in the

731

00:27:32,630 --> 00:27:29,200

morning step outside

732

00:27:34,390 --> 00:27:32,640

and the day starts there's the field

733

00:27:36,070 --> 00:27:34,400

how are you going to play you know what

734

00:27:37,350 --> 00:27:36,080

what are you going to be defensive are

735

00:27:38,950 --> 00:27:37,360

you going to be offensive are you going

736

00:27:39,830 --> 00:27:38,960

to are you going to have an intelligent

737

00:27:40,870 --> 00:27:39,840

plan

738

00:27:43,110 --> 00:27:40,880

are you going to give in are you going

739

00:27:45,909 --> 00:27:43,120

to be courageous you know

740

00:27:48,390 --> 00:27:45,919

it's decision time right yeah no

741

00:27:50,390 --> 00:27:48,400

absolutely um i just wanted to say that

742

00:27:52,789 --> 00:27:50,400

i get up every morning i've said this on

743

00:27:54,070 --> 00:27:52,799

my show a million times oh you know what

744

00:27:55,909 --> 00:27:54,080

we'll have to talk about it when we come

745

00:27:58,070 --> 00:27:55,919

back because it's 9 30 and time for a

746

00:27:59,750 --> 00:27:58,080

break here out in the pacific coast so

747

00:28:01,990 --> 00:27:59,760

you guys hang in there we'll be back in

748

00:28:06,310 --> 00:28:02,000

just a few minutes with robert perella

749

00:28:10,950 --> 00:28:08,549

welcome back everyone to the california

750

00:28:12,950 --> 00:28:10,960

mufon radio show i'm your host lorian

751
00:28:15,750 --> 00:28:12,960
fenton and i'm here tonight with robert

752
00:28:18,549 --> 00:28:15,760
perala and mary electra i just want to

753
00:28:20,470 --> 00:28:18,559
say we're on irn inception radio network

754
00:28:22,710 --> 00:28:20,480
we're also heard over at mike vara's

755
00:28:25,190 --> 00:28:22,720
late night in the midlands and i believe

756
00:28:27,750 --> 00:28:25,200
we were also heard over at chip tatum's

757
00:28:30,230 --> 00:28:27,760
um i think it's veterans truth radio i

758
00:28:33,029 --> 00:28:30,240
think he started it up again i i do hope

759
00:28:34,789 --> 00:28:33,039
he's getting the files from joe

760
00:28:36,470 --> 00:28:34,799
i never know what's going on with all

761
00:28:38,470 --> 00:28:36,480
this stuff but i do hope you guys are

762
00:28:42,389 --> 00:28:38,480
listening on iron i hope you're getting

763
00:28:44,230 --> 00:28:42,399

the app the irn app and it's wonderful

764

00:28:47,029 --> 00:28:44,240

and you can get it there right on the

765

00:28:48,870 --> 00:28:47,039

website so i do hope you do so and also

766

00:28:50,549 --> 00:28:48,880

you guys i didn't mention mufon this

767

00:28:53,350 --> 00:28:50,559

week or last week and i really need to

768

00:28:55,029 --> 00:28:53,360

do so because i i want to thank them for

769

00:28:58,149 --> 00:28:55,039

putting up with me at the mufon

770

00:29:00,230 --> 00:28:58,159

conference because uh i'm always a thorn

771

00:29:02,470 --> 00:29:00,240

in their side but you know what's weird

772

00:29:05,669 --> 00:29:02,480

is even dave mcdonald the guy who gave

773

00:29:08,630 --> 00:29:05,679

me the blessings and anointed me to have

774

00:29:10,470 --> 00:29:08,640

a mufon radio show was happy to see me

775

00:29:12,389 --> 00:29:10,480

and i gave him a big hug and i thanked

776

00:29:15,990 --> 00:29:12,399

him again for letting me be the voice

777

00:29:17,909 --> 00:29:16,000

and move on uh here at irn and he he

778

00:29:19,590 --> 00:29:17,919

just winked at me and smiled and you

779

00:29:20,870 --> 00:29:19,600

know what folks that meant the world to

780

00:29:23,430 --> 00:29:20,880

me because

781

00:29:25,510 --> 00:29:23,440

you know i i just said and i said i am

782

00:29:27,029 --> 00:29:25,520

the s disturber what you doing i'm

783

00:29:28,950 --> 00:29:27,039

running out of space on my phone so i'm

784

00:29:31,830 --> 00:29:28,960

deleting some stuff

785

00:29:33,350 --> 00:29:31,840

buy singing dog

786

00:29:36,149 --> 00:29:33,360

buy gold

787

00:29:38,710 --> 00:29:36,159

i pronounce you bye wedding ceremony

788

00:29:40,950 --> 00:29:38,720

stop at metropcs you get two free phones

789

00:29:42,470 --> 00:29:40,960

with twice as much memory really don't

790

00:29:45,029 --> 00:29:42,480

say bye to your memories switch to

791

00:29:46,789 --> 00:29:45,039

metropcs and get two free lg k20 plus

792

00:29:49,430 --> 00:29:46,799

phones with 32 gigs when you switch two

793

00:29:50,710 --> 00:29:49,440

lines metropcs wireless figured out

794

00:29:52,070 --> 00:29:50,720

coverage available in some areas sales

795

00:29:53,269 --> 00:29:52,080

tax not included in phone price excludes

796

00:29:54,789 --> 00:29:53,279

numbers on the temple network see store

797

00:29:56,549 --> 00:29:54,799

for details in terms of conditions

798

00:29:58,870 --> 00:29:56,559

because i know it and you keep going

799

00:29:59,990 --> 00:29:58,880

girl you know that's pretty much it you

800

00:30:02,549 --> 00:30:00,000

know

801
00:30:04,389 --> 00:30:02,559
mufon loves me in spite of myself so i

802
00:30:07,590 --> 00:30:04,399
gotta thank them for loving me and

803
00:30:09,669 --> 00:30:07,600
taking care of me and yes i do i do say

804
00:30:12,230 --> 00:30:09,679
things about them and oh i think someone

805
00:30:14,470 --> 00:30:12,240
just fell mary are you okay

806
00:30:16,950 --> 00:30:14,480
no that was me that was a little thing

807
00:30:27,430 --> 00:30:16,960
on my desk sorry okay

808
00:30:31,190 --> 00:30:29,430
i just want to thank mufa for putting up

809
00:30:33,269 --> 00:30:31,200
with me and i want to thank dave

810
00:30:35,190 --> 00:30:33,279
mcdonald for being so lovely to me at

811
00:30:38,070 --> 00:30:35,200
the conference and i do want to thank

812
00:30:39,750 --> 00:30:38,080
jan harzen you know always always jan

813
00:30:42,149 --> 00:30:39,760

i've got your back in spite of the

814

00:30:43,750 --> 00:30:42,159

things i say i still have your back and

815

00:30:46,630 --> 00:30:43,760

i think you're in the best director

816

00:30:48,789 --> 00:30:46,640

mufon's ever had and i just love mufon

817

00:30:51,110 --> 00:30:48,799

you guys in spite of everybody leaving

818

00:30:54,149 --> 00:30:51,120

it i'm still like the last hold out for

819

00:30:55,909 --> 00:30:54,159

poor mufon but uh i gotta say mufan's

820

00:30:58,070 --> 00:30:55,919

got some good things going on at least

821

00:31:00,470 --> 00:30:58,080

they had a very controversial uh

822

00:31:03,110 --> 00:31:00,480

conference and i gotta hand them that

823

00:31:05,510 --> 00:31:03,120

you know it was it was something else it

824

00:31:07,990 --> 00:31:05,520

was one of those conferences that you

825

00:31:10,950 --> 00:31:08,000

know if you missed it you really missed

826

00:31:12,870 --> 00:31:10,960

something that was extremely special so

827

00:31:15,590 --> 00:31:12,880

you know a lot i can say i was there i

828

00:31:17,830 --> 00:31:15,600

did that and it was wonderful so there

829

00:31:20,950 --> 00:31:17,840

we go oh and don't forget you guys if

830

00:31:23,190 --> 00:31:20,960

you don't have a mufon meeting near you

831

00:31:25,669 --> 00:31:23,200

you need to call your section director

832

00:31:28,710 --> 00:31:25,679

your state director whoever the heck is

833

00:31:31,430 --> 00:31:28,720

on your you go to the mufon.com website

834

00:31:35,190 --> 00:31:32,789

dot mufon.com

835

00:31:37,669 --> 00:31:35,200

website and what you want to do is go to

836

00:31:39,509 --> 00:31:37,679

where it says get involved i think is

837

00:31:41,830 --> 00:31:39,519

the button somewhere on the website it

838

00:31:44,389 --> 00:31:41,840

says get involved and it'll show you all

839

00:31:46,710 --> 00:31:44,399

the states in the united states

840

00:31:49,430 --> 00:31:46,720

and you can click on your state find

841

00:31:51,350 --> 00:31:49,440

your directors then find your section

842

00:31:53,110 --> 00:31:51,360

directors or the assistant director

843

00:31:55,509 --> 00:31:53,120

whoever they have up there but start

844

00:31:56,549 --> 00:31:55,519

calling them emailing them and bug them

845

00:31:59,110 --> 00:31:56,559

and say

846

00:32:01,590 --> 00:31:59,120

do you have a meeting every month if you

847

00:32:03,830 --> 00:32:01,600

don't i would like to start one that's

848

00:32:05,909 --> 00:32:03,840

what you got to do folks that's the

849

00:32:08,149 --> 00:32:05,919

bottom line that's what i did one day

850

00:32:09,750 --> 00:32:08,159

poor reuben uriarty's sitting at a table

851
00:32:12,230 --> 00:32:09,760
and then i walk up to him and say guess

852
00:32:13,669 --> 00:32:12,240
what starting a mufon meeting and he's

853
00:32:15,190 --> 00:32:13,679
looking at me like i'm out of my

854
00:32:17,430 --> 00:32:15,200
freaking mind and what's he gonna do

855
00:32:18,870 --> 00:32:17,440
tell me i can't start one i mean if

856
00:32:21,430 --> 00:32:18,880
there's somebody out there who's willing

857
00:32:23,590 --> 00:32:21,440
to volunteer to do it folks they will do

858
00:32:25,509 --> 00:32:23,600
it with you they will help you and it'll

859
00:32:27,350 --> 00:32:25,519
be a great meeting i know it because you

860
00:32:29,830 --> 00:32:27,360
got the idea and the inspiration to do

861
00:32:31,430 --> 00:32:29,840
it for me

862
00:32:33,750 --> 00:32:31,440
and there's one this sunday it's san

863
00:32:35,590 --> 00:32:33,760

jose with reuben by the way speaking of

864

00:32:37,750 --> 00:32:35,600

that and it's just

865

00:32:40,630 --> 00:32:37,760

community of infinite spirit at 1540

866

00:32:44,470 --> 00:32:40,640

hicks avenue in san jose one o'clock

867

00:32:48,870 --> 00:32:46,789

reuben does a meeting every two months

868

00:32:51,909 --> 00:32:48,880

down in san jose i do one in northern

869

00:32:54,310 --> 00:32:51,919

california up in petaluma um every month

870

00:32:56,870 --> 00:32:54,320

if i can do it and then cynthia siegel

871

00:32:59,830 --> 00:32:56,880

has one in sacramento there's one in

872

00:33:03,269 --> 00:32:59,840

fresno there's one in la there's upars

873

00:33:05,990 --> 00:33:03,279

in northern la there's uh

874

00:33:07,830 --> 00:33:06,000

mufon la's in orange county

875

00:33:10,230 --> 00:33:07,840

there's a phoenix mufon that's really

876

00:33:11,750 --> 00:33:10,240

active there's an portland mufon that's

877

00:33:14,310 --> 00:33:11,760

really active i know there's one in

878

00:33:16,149 --> 00:33:14,320

seattle that's very active uh so you

879

00:33:17,509 --> 00:33:16,159

guys there's really no excuse especially

880

00:33:19,350 --> 00:33:17,519

if you're on the west coast there's

881

00:33:21,830 --> 00:33:19,360

always a mufon meeting within driving

882

00:33:23,669 --> 00:33:21,840

distance so you know do get to one

883

00:33:25,669 --> 00:33:23,679

you've got to be able to meet people of

884

00:33:27,590 --> 00:33:25,679

like mind and that is a great place to

885

00:33:29,509 --> 00:33:27,600

do it right robert you and i always sit

886

00:33:31,350 --> 00:33:29,519

in the back and we just we just sit

887

00:33:32,310 --> 00:33:31,360

there we point out all the aliens don't

888

00:33:37,909 --> 00:33:32,320

we

889

00:33:40,070 --> 00:33:37,919

the best time too it's just there's no

890

00:33:41,350 --> 00:33:40,080

getting around how much fun it is so i

891

00:33:43,830 --> 00:33:41,360

gotta say

892

00:33:45,509 --> 00:33:43,840

anyhow okay so let's get back to what we

893

00:33:47,029 --> 00:33:45,519

were yammering about i was telling

894

00:33:48,789 --> 00:33:47,039

robert that you know he says you gotta

895

00:33:50,310 --> 00:33:48,799

get up every morning you gotta decide if

896

00:33:51,750 --> 00:33:50,320

you're gonna you know do good to the

897

00:33:53,909 --> 00:33:51,760

world do bad to the world whatever

898

00:33:56,630 --> 00:33:53,919

you're going to do and i get up every

899

00:33:58,070 --> 00:33:56,640

day and my ritual now is i wake up and i

900

00:34:00,710 --> 00:33:58,080

decide

901
00:34:03,029 --> 00:34:00,720
to put on my joan of arc armor i call it

902
00:34:05,269 --> 00:34:03,039
i throw on my battle gear and i get

903
00:34:07,590 --> 00:34:05,279
ready for the next day because what's

904
00:34:09,589 --> 00:34:07,600
going to happen is

905
00:34:10,950 --> 00:34:09,599
inevitably i'm going to wake up like

906
00:34:13,669 --> 00:34:10,960
yesterday

907
00:34:15,990 --> 00:34:13,679
and there will be a big old scrolling

908
00:34:18,470 --> 00:34:16,000
thing on facebook or on

909
00:34:20,629 --> 00:34:18,480
my private messaging or somewhere saying

910
00:34:22,629 --> 00:34:20,639
some disaster is happening in your life

911
00:34:24,629 --> 00:34:22,639
and you've got to fix it right now

912
00:34:27,109 --> 00:34:24,639
and usually it's with somebody in the

913
00:34:29,349 --> 00:34:27,119

ufo community and it happens about once

914

00:34:31,109 --> 00:34:29,359

a week where it's like this i'm not

915

00:34:33,109 --> 00:34:31,119

going to go into detail of what i had to

916

00:34:35,829 --> 00:34:33,119

deal with yesterday but it entailed me

917

00:34:37,750 --> 00:34:35,839

having to call five people in the groups

918

00:34:39,750 --> 00:34:37,760

get a hold of an attorney find out

919

00:34:41,510 --> 00:34:39,760

what's going on inform somebody else

920

00:34:43,030 --> 00:34:41,520

that somebody was stealing their stuff

921

00:34:44,230 --> 00:34:43,040

blah blah blah blah blah going through

922

00:34:46,470 --> 00:34:44,240

this whole thing

923

00:34:48,149 --> 00:34:46,480

and then it took two hours and i'm all

924

00:34:50,389 --> 00:34:48,159

and i haven't even done my work yet

925

00:34:52,069 --> 00:34:50,399

right so i'm like going you know this is

926

00:34:54,069 --> 00:34:52,079

the kind of stuff you get to deal with

927

00:34:55,990 --> 00:34:54,079

when you're actually in the thick of

928

00:34:59,430 --> 00:34:56,000

doing the right thing

929

00:35:00,790 --> 00:34:59,440

it always seems to like poo poo on you

930

00:35:02,310 --> 00:35:00,800

so

931

00:35:04,150 --> 00:35:02,320

i want to throw that out there to

932

00:35:06,390 --> 00:35:04,160

everybody if you're having a normal

933

00:35:08,230 --> 00:35:06,400

every day nothing is a problem in life

934

00:35:10,950 --> 00:35:08,240

then you're not doing you're not being a

935

00:35:12,790 --> 00:35:10,960

good poo poo disturber that's my opinion

936

00:35:15,190 --> 00:35:12,800

and i think everybody should get out of

937

00:35:17,349 --> 00:35:15,200

bed every day and get ready for the the

938

00:35:18,710 --> 00:35:17,359

stuff to be flinging because

939

00:35:20,790 --> 00:35:18,720

you know that means you're making a

940

00:35:23,190 --> 00:35:20,800

difference and you know even if you get

941

00:35:25,190 --> 00:35:23,200

a week in between that's okay if you get

942

00:35:27,349 --> 00:35:25,200

a week of every day is normal and fun

943

00:35:28,710 --> 00:35:27,359

and you go to work and blah blah blah if

944

00:35:31,190 --> 00:35:28,720

you don't have one day where the

945

00:35:33,910 --> 00:35:31,200

poo-poo's flying you then you're not

946

00:35:36,150 --> 00:35:33,920

you're not creating a change so i hope

947

00:35:37,990 --> 00:35:36,160

that you guys you know take it on you

948

00:35:41,030 --> 00:35:38,000

know just say you want to be part of the

949

00:35:42,790 --> 00:35:41,040

poopoo club and get up every day and

950

00:35:44,550 --> 00:35:42,800

throw that stuff around and make sure it

951

00:35:46,390 --> 00:35:44,560

sticks on somebody and that they're

952

00:35:47,829 --> 00:35:46,400

doing something about it because that's

953

00:35:49,750 --> 00:35:47,839

the bottom line if we're not doing

954

00:35:52,069 --> 00:35:49,760

something about anything you know at

955

00:35:54,069 --> 00:35:52,079

least i took a stand on corey good you

956

00:35:56,710 --> 00:35:54,079

know i took a stand i went out there i

957

00:35:59,349 --> 00:35:56,720

went out on a limb i did it okay

958

00:36:01,829 --> 00:35:59,359

if i had just sat here and done nothing

959

00:36:03,670 --> 00:36:01,839

where would i be you know where would i

960

00:36:05,589 --> 00:36:03,680

be i wouldn't be any step closer to

961

00:36:07,990 --> 00:36:05,599

figuring out any problems in the ufo

962

00:36:10,310 --> 00:36:08,000

community maybe a few people have woken

963

00:36:12,470 --> 00:36:10,320

up because of what i've said maybe a lot

964

00:36:14,150 --> 00:36:12,480

of people have shut their ears because

965

00:36:15,829 --> 00:36:14,160

of what i said i don't know but i

966

00:36:18,870 --> 00:36:15,839

certainly caused somebody to do

967

00:36:21,109 --> 00:36:18,880

something so that's what i'm hoping that

968

00:36:23,510 --> 00:36:21,119

this show's all about that's what i give

969

00:36:25,109 --> 00:36:23,520

to you guys every week is something that

970

00:36:26,950 --> 00:36:25,119

kind of goes

971

00:36:29,190 --> 00:36:26,960

i wonder if that would work for me you

972

00:36:31,109 --> 00:36:29,200

know what if i could do that so anyhow

973

00:36:33,030 --> 00:36:31,119

that's just what i do robert i get up

974

00:36:35,030 --> 00:36:33,040

every day and i go okay let the battle

975

00:36:38,870 --> 00:36:35,040

begin

976
00:36:41,109 --> 00:36:38,880
so mary how do you face the day

977
00:36:42,870 --> 00:36:41,119
oh my gosh

978
00:36:45,270 --> 00:36:42,880
uh

979
00:36:48,790 --> 00:36:45,280
unwillingly at times

980
00:36:50,790 --> 00:36:48,800
uh with gusto at other times

981
00:36:52,470 --> 00:36:50,800
um

982
00:36:55,589 --> 00:36:52,480
mostly i'm

983
00:36:56,950 --> 00:36:55,599
i attempt to be reflective

984
00:36:59,910 --> 00:36:56,960
because i

985
00:37:02,310 --> 00:36:59,920
really recognize that i

986
00:37:05,030 --> 00:37:02,320
generally create all my own realities

987
00:37:07,190 --> 00:37:05,040
and so i um

988
00:37:09,829 --> 00:37:07,200

you know i've either

989

00:37:12,230 --> 00:37:09,839

reacted to something that's a

990

00:37:14,710 --> 00:37:12,240

wounded bit inside of me that i haven't

991

00:37:18,390 --> 00:37:14,720

healed or dealt with yet

992

00:37:19,510 --> 00:37:18,400

or that is still agitated

993

00:37:22,230 --> 00:37:19,520

or

994

00:37:23,750 --> 00:37:22,240

i've um

995

00:37:26,150 --> 00:37:23,760

i've been

996

00:37:26,160 --> 00:37:29,589

well i

997

00:37:34,069 --> 00:37:30,790

less than

998

00:37:35,589 --> 00:37:34,079

you know i i've gone to my shadow slide

999

00:37:37,270 --> 00:37:35,599

which is okay because it's real

1000

00:37:38,710 --> 00:37:37,280

important that we acknowledge we have a

1001
00:37:41,670 --> 00:37:38,720
shadow sign

1002
00:37:43,910 --> 00:37:41,680
and i am operating out of there

1003
00:37:46,870 --> 00:37:43,920
so i i i really

1004
00:37:49,109 --> 00:37:46,880
i do do my best to be reflective

1005
00:37:51,270 --> 00:37:49,119
um

1006
00:37:54,630 --> 00:37:51,280
i'm retired now so you know i don't

1007
00:37:57,349 --> 00:37:54,640
really i mean i'm an uber driver and i i

1008
00:37:59,670 --> 00:37:57,359
love i love uber driving i meet these

1009
00:38:01,829 --> 00:37:59,680
wonderful young kids

1010
00:38:03,109 --> 00:38:01,839
and that's what's giving me hope for

1011
00:38:06,630 --> 00:38:03,119
tomorrow is

1012
00:38:09,510 --> 00:38:06,640
is these this the youth and their ideas

1013
00:38:11,510 --> 00:38:09,520

and their ideals and their

1014

00:38:15,270 --> 00:38:11,520

passions and

1015

00:38:18,710 --> 00:38:15,280

their uh questions and their quests

1016

00:38:21,829 --> 00:38:18,720

and it's just exciting to

1017

00:38:25,510 --> 00:38:21,839

be stimulated by that so i think

1018

00:38:28,310 --> 00:38:25,520

god gave me uber so it would um

1019

00:38:30,950 --> 00:38:28,320

bless me in a way to to really see life

1020

00:38:32,710 --> 00:38:30,960

through different eyes again since i had

1021

00:38:35,990 --> 00:38:32,720

uh you know i'm older than all of you

1022

00:38:38,150 --> 00:38:36,000

guys sitting here i'm 67 so i'm the old

1023

00:38:39,430 --> 00:38:38,160

kid on the block

1024

00:38:43,030 --> 00:38:39,440

and um

1025

00:38:45,910 --> 00:38:43,040

and i really you know i i i don't have i

1026

00:38:48,310 --> 00:38:45,920

don't i don't have the passion that i

1027

00:38:51,109 --> 00:38:48,320

used to have that made me

1028

00:38:53,190 --> 00:38:51,119

really want to surge and wake up alive

1029

00:38:55,430 --> 00:38:53,200

and stuff so i have to create that

1030

00:38:56,550 --> 00:38:55,440

passion almost daily

1031

00:38:57,990 --> 00:38:56,560

um

1032

00:39:00,950 --> 00:38:58,000

and i and i

1033

00:39:03,829 --> 00:39:00,960

think it's real important that everyone

1034

00:39:06,790 --> 00:39:03,839

recognize that passion is an important

1035

00:39:08,710 --> 00:39:06,800

aspect to our daily life

1036

00:39:11,510 --> 00:39:08,720

that if we don't have passion it's very

1037

00:39:15,430 --> 00:39:11,520

difficult to

1038

00:39:17,670 --> 00:39:15,440

operate with any kind of emotional gusto

1039

00:39:19,750 --> 00:39:17,680

yeah yeah

1040

00:39:22,390 --> 00:39:19,760

i'm trailing off here but that's how i

1041

00:39:24,390 --> 00:39:22,400

meet my day because i i never know and

1042

00:39:27,270 --> 00:39:24,400

you know what i'm what i want to say is

1043

00:39:29,670 --> 00:39:27,280

i'm learning to forgive the moments

1044

00:39:32,310 --> 00:39:29,680

when i wake up and i'm not in this

1045

00:39:33,750 --> 00:39:32,320

glorious wonderful mood i'm learning to

1046

00:39:36,470 --> 00:39:33,760

say okay

1047

00:39:38,069 --> 00:39:36,480

you're just in this place right now we

1048

00:39:40,870 --> 00:39:38,079

have to be okay

1049

00:39:43,190 --> 00:39:40,880

and allow it to be

1050

00:39:44,550 --> 00:39:43,200

and be okay

1051
00:39:47,190 --> 00:39:44,560
and not

1052
00:39:49,910 --> 00:39:47,200
judge myself

1053
00:39:54,230 --> 00:39:49,920
or anything else i just

1054
00:39:59,750 --> 00:39:56,870
every day i'm learning more and more how

1055
00:40:01,430 --> 00:39:59,760
to be in a place of neutrality where i'm

1056
00:40:03,990 --> 00:40:01,440
not in judgment

1057
00:40:08,829 --> 00:40:05,910
you know i'm the greatest opinionated

1058
00:40:11,990 --> 00:40:08,839
person on the planet and i really

1059
00:40:15,030 --> 00:40:12,000
must oh that's what we love about you

1060
00:40:17,230 --> 00:40:15,040
mary i swear to god hey i gotta i got a

1061
00:40:21,030 --> 00:40:17,240
question for both of you now you're both

1062
00:40:23,430 --> 00:40:21,040
contactees okay so this is a this is a

1063
00:40:25,990 --> 00:40:23,440

big question do you think that that

1064

00:40:27,670 --> 00:40:26,000

comforts you in times of loneliness or

1065

00:40:29,750 --> 00:40:27,680

feeling like you're alone even though

1066

00:40:31,910 --> 00:40:29,760

you're around a bunch of people that

1067

00:40:33,670 --> 00:40:31,920

having that kind of contact made a

1068

00:40:35,670 --> 00:40:33,680

difference in your life

1069

00:40:38,470 --> 00:40:35,680

or is it one of those things kind of

1070

00:40:40,550 --> 00:40:38,480

kind of like me where i've had some kind

1071

00:40:42,790 --> 00:40:40,560

of contact but you know i don't think

1072

00:40:44,870 --> 00:40:42,800

about it often i don't do a whole lot

1073

00:40:47,750 --> 00:40:44,880

with it because i haven't had the kind

1074

00:40:50,230 --> 00:40:47,760

of contact roberts had or that mary's

1075

00:40:52,790 --> 00:40:50,240

had where they they came to me and i

1076

00:40:54,550 --> 00:40:52,800

felt special in some way i've just

1077

00:40:57,349 --> 00:40:54,560

always felt like i was being beaten up

1078

00:40:59,750 --> 00:40:57,359

by the whole uff community

1079

00:41:01,990 --> 00:40:59,760

and never really got to see anybody or

1080

00:41:04,390 --> 00:41:02,000

nobody ever came and done light dancing

1081

00:41:06,390 --> 00:41:04,400

in the sky for me you know i get to see

1082

00:41:08,630 --> 00:41:06,400

a big black triangle but it's more like

1083

00:41:11,030 --> 00:41:08,640

okay lady just you know we're here we're

1084

00:41:13,510 --> 00:41:11,040

the we're the evil dark force and you

1085

00:41:16,230 --> 00:41:13,520

know here we go i never got anything

1086

00:41:18,950 --> 00:41:16,240

amazing and robert had probably one of

1087

00:41:22,069 --> 00:41:18,960

the most amazing i mean robert you

1088

00:41:25,349 --> 00:41:22,079

should be corey good right now oh my god

1089

00:41:27,030 --> 00:41:25,359

people people have no idea your your

1090

00:41:29,829 --> 00:41:27,040

your scenario

1091

00:41:32,390 --> 00:41:29,839

uh travis walton's scenario

1092

00:41:34,390 --> 00:41:32,400

the these scenarios where these these

1093

00:41:36,390 --> 00:41:34,400

amazing creatures are with you and do

1094

00:41:37,589 --> 00:41:36,400

these really wild things i mean it's

1095

00:41:39,190 --> 00:41:37,599

just

1096

00:41:40,230 --> 00:41:39,200

blows my mind

1097

00:41:42,309 --> 00:41:40,240

i mean

1098

00:41:44,550 --> 00:41:42,319

i could just see corey good now stealing

1099

00:41:46,150 --> 00:41:44,560

these space beans came in these silver

1100

00:41:49,990 --> 00:41:46,160

suits

1101

00:41:51,030 --> 00:41:50,000

just see it now anyhow so my back to my

1102

00:41:53,030 --> 00:41:51,040

question

1103

00:41:56,470 --> 00:41:53,040

and i'm making fun of all of our space

1104

00:41:58,150 --> 00:41:56,480

people um it's really they make a big

1105

00:41:59,990 --> 00:41:58,160

difference does it help you get through

1106

00:42:03,270 --> 00:42:00,000

every day or is it you just don't even

1107

00:42:05,430 --> 00:42:03,280

think about it robert you go first

1108

00:42:07,510 --> 00:42:05,440

um for a long time

1109

00:42:09,349 --> 00:42:07,520

you know i didn't know what to quite

1110

00:42:12,069 --> 00:42:09,359

make of it and i knew it was a

1111

00:42:14,230 --> 00:42:12,079

tremendous fantastic thing

1112

00:42:16,150 --> 00:42:14,240

and it took me a while it didn't have

1113

00:42:18,390 --> 00:42:16,160

been thinking too long i mean i i'm the

1114

00:42:20,069 --> 00:42:18,400

young kid in in the story that

1115

00:42:22,630 --> 00:42:20,079

real quickly you know that was at the

1116

00:42:24,390 --> 00:42:22,640

first ufo conference of its kind in

1117

00:42:25,750 --> 00:42:24,400

northern california you know after it

1118

00:42:30,710 --> 00:42:25,760

happened in

1119

00:42:33,349 --> 00:42:30,720

christmas time i moved my way into uh

1120

00:42:35,510 --> 00:42:33,359

into april of of that year to meet up

1121

00:42:36,150 --> 00:42:35,520

with jaylen heineck who was the founder

1122

00:42:37,990 --> 00:42:36,160

of

1123

00:42:40,069 --> 00:42:38,000

project blue book and

1124

00:42:41,990 --> 00:42:40,079

william shatner was there and a young

1125

00:42:43,030 --> 00:42:42,000

richard hoagland nobody knew who he was

1126

00:42:45,430 --> 00:42:43,040

then

1127

00:42:47,829 --> 00:42:45,440

and uh stanton friedman there was sort

1128

00:42:48,630 --> 00:42:47,839

of a host of and the heart attacks were

1129

00:42:54,950 --> 00:42:48,640

there

1130

00:42:57,510 --> 00:42:54,960

two-year-old and that was me

1131

00:42:59,750 --> 00:42:57,520

and i was full of questions and um

1132

00:43:01,190 --> 00:42:59,760

because i didn't know what to think of

1133

00:43:02,950 --> 00:43:01,200

it i mean you know i came out with a

1134

00:43:04,710 --> 00:43:02,960

heck of a sunburn and

1135

00:43:06,470 --> 00:43:04,720

and it sure

1136

00:43:08,950 --> 00:43:06,480

uh it changed me

1137

00:43:11,270 --> 00:43:08,960

but i think it to answer the question

1138

00:43:13,349 --> 00:43:11,280

it's it's later that i realize it is all

1139

00:43:15,430 --> 00:43:13,359

part and parcel to the human experience

1140

00:43:17,270 --> 00:43:15,440

having enough spiritual epiphany or a

1141

00:43:19,430 --> 00:43:17,280

contact direct contact with something

1142

00:43:21,670 --> 00:43:19,440

extraordinary and unusual like that you

1143

00:43:23,990 --> 00:43:21,680

eventually see how it connects the dots

1144

00:43:25,910 --> 00:43:24,000

to your own personal soul's growth and

1145

00:43:27,430 --> 00:43:25,920

you that's right i guess

1146

00:43:29,510 --> 00:43:27,440

if you connect it that you know this is

1147

00:43:32,870 --> 00:43:29,520

part and part and parcel to

1148

00:43:35,670 --> 00:43:32,880

um the the that there is something that

1149

00:43:38,150 --> 00:43:35,680

is uh directive that was a part of my

1150

00:43:41,270 --> 00:43:38,160

life before my birth and that this is

1151

00:43:43,510 --> 00:43:41,280

maybe part of the same uh

1152

00:43:45,510 --> 00:43:43,520

source and that it's a

1153

00:43:47,510 --> 00:43:45,520

catalyst to drive you to

1154

00:43:49,430 --> 00:43:47,520

uh look uh inward so i've started

1155

00:43:52,630 --> 00:43:49,440

studying the shamans the mystics you

1156

00:43:55,270 --> 00:43:52,640

know the renunciants the the reishi's

1157

00:43:57,109 --> 00:43:55,280

you know the yogis the vedas i started

1158

00:43:58,950 --> 00:43:57,119

looking everywhere and oh okay i get it

1159

00:44:00,390 --> 00:43:58,960

so i'm not terribly unique i'm just

1160

00:44:02,550 --> 00:44:00,400

connected i was just connected to the

1161

00:44:04,630 --> 00:44:02,560

universe directly there for a while and

1162

00:44:06,710 --> 00:44:04,640

sometimes they come yeah there's the

1163

00:44:08,710 --> 00:44:06,720

little grey creatures that people talk

1164

00:44:11,030 --> 00:44:08,720

about there's benevolent human beings

1165

00:44:13,750 --> 00:44:11,040

the angelics and mine happened to be

1166

00:44:16,150 --> 00:44:13,760

some sort of like astronauts that had

1167

00:44:18,390 --> 00:44:16,160

had direct contact so seemed negative at

1168

00:44:20,150 --> 00:44:18,400

the time seemed very controversial still

1169

00:44:22,630 --> 00:44:20,160

is turned out to be a real positive it's

1170

00:44:23,990 --> 00:44:22,640

kind of what you do with it right so

1171

00:44:25,990 --> 00:44:24,000

there you have it it's what you do with

1172

00:44:27,670 --> 00:44:26,000

it so i yeah went on into personal

1173

00:44:28,710 --> 00:44:27,680

growth and spirituality what could be

1174

00:44:30,950 --> 00:44:28,720

better

1175

00:44:32,630 --> 00:44:30,960

well does it affect you on a daily basis

1176

00:44:34,230 --> 00:44:32,640

still or is it one of those things you

1177

00:44:36,870 --> 00:44:34,240

just put back there and then when you

1178

00:44:38,470 --> 00:44:36,880

need it it pops in

1179

00:44:41,030 --> 00:44:38,480

oh you know i think i look back at it

1180

00:44:42,870 --> 00:44:41,040

you know kind of historically with with

1181

00:44:45,510 --> 00:44:42,880

almost like a third party now you know

1182

00:44:47,190 --> 00:44:45,520

going wow that actually happened to me

1183

00:44:48,390 --> 00:44:47,200

i'm not really emotionally connected to

1184

00:44:50,550 --> 00:44:48,400

it at all

1185

00:44:52,550 --> 00:44:50,560

um you know i don't see it as a as a

1186

00:44:54,630 --> 00:44:52,560

real negative thing it blew me away at

1187

00:44:58,230 --> 00:44:54,640

the time but you have to remember that

1188

00:44:59,589 --> 00:44:58,240

that was you know december 27th 1977

1189

00:45:01,670 --> 00:44:59,599

it's so long ago

1190

00:45:03,589 --> 00:45:01,680

i'm not like uh you know that

1191

00:45:05,109 --> 00:45:03,599

emotionally attached to it i think when

1192

00:45:07,349 --> 00:45:05,119

i become emotionally attached to it is

1193

00:45:10,630 --> 00:45:07,359

when i is when i'm speaking in front of

1194

00:45:12,309 --> 00:45:10,640

an audience and somebody says can i

1195

00:45:13,670 --> 00:45:12,319

share my story with you and i'm more

1196

00:45:15,990 --> 00:45:13,680

attached to

1197

00:45:17,510 --> 00:45:16,000

how it has affected someone else and

1198

00:45:18,950 --> 00:45:17,520

they come out and they say

1199

00:45:21,030 --> 00:45:18,960

i need to tell you something that that

1200

00:45:22,790 --> 00:45:21,040

i've never told anybody those are the

1201
00:45:24,710 --> 00:45:22,800
moments when i feel really attached to

1202
00:45:26,630 --> 00:45:24,720
it it's really through other people

1203
00:45:28,710 --> 00:45:26,640
and which is a good thing you know

1204
00:45:32,950 --> 00:45:28,720
yeah oh absolutely that's very

1205
00:45:35,030 --> 00:45:32,960
interesting okay mary your turn oh very

1206
00:45:37,190 --> 00:45:35,040
very different uh

1207
00:45:39,510 --> 00:45:37,200
kind of reality uh

1208
00:45:42,309 --> 00:45:39,520
first i needed to say that i think

1209
00:45:44,069 --> 00:45:42,319
all of my life

1210
00:45:45,349 --> 00:45:44,079
i was

1211
00:45:48,710 --> 00:45:45,359
surrounded

1212
00:45:51,109 --> 00:45:48,720
by beings who were always protecting me

1213
00:45:53,589 --> 00:45:51,119

they were either angels or beings i

1214

00:45:56,150 --> 00:45:53,599

think they were beings

1215

00:45:59,510 --> 00:45:56,160

i was unconscious

1216

00:46:01,430 --> 00:45:59,520

during most of that time but as i grew

1217

00:46:03,990 --> 00:46:01,440

older and became

1218

00:46:06,550 --> 00:46:04,000

more aware and conscious

1219

00:46:08,950 --> 00:46:06,560

i could in retrospect

1220

00:46:11,670 --> 00:46:08,960

realize

1221

00:46:17,510 --> 00:46:15,030

how they've walked with me all my life

1222

00:46:20,630 --> 00:46:17,520

and they they are my brothers and they

1223

00:46:21,829 --> 00:46:20,640

are my sisters and they are my family

1224

00:46:24,150 --> 00:46:21,839

and

1225

00:46:26,630 --> 00:46:24,160

now that i am

1226

00:46:30,870 --> 00:46:26,640

awake so to speak

1227

00:46:33,589 --> 00:46:30,880

um i'm they're with me always and

1228

00:46:36,950 --> 00:46:33,599

i can't always see them but in the

1229

00:46:37,990 --> 00:46:36,960

desert when i go out and it's dark

1230

00:46:40,630 --> 00:46:38,000

uh

1231

00:46:43,030 --> 00:46:40,640

i'll i'll they'll they'll come and play

1232

00:46:44,950 --> 00:46:43,040

with me and

1233

00:46:47,829 --> 00:46:44,960

they'll give me these wonderful shows

1234

00:46:49,829 --> 00:46:47,839

and everything i'm just i'm always

1235

00:46:51,829 --> 00:46:49,839

delighted by them and do they have an

1236

00:46:54,309 --> 00:46:51,839

effect on me i believe that

1237

00:46:57,990 --> 00:46:54,319

they have had a profound

1238

00:47:00,710 --> 00:46:58,000

effect on me they work through me

1239

00:47:02,150 --> 00:47:00,720

in the work that i do always

1240

00:47:05,430 --> 00:47:02,160

um

1241

00:47:12,150 --> 00:47:07,910

there are times when i have

1242

00:47:15,349 --> 00:47:12,160

been in very dark places

1243

00:47:17,510 --> 00:47:15,359

wanting to denounce who i am as a spirit

1244

00:47:22,470 --> 00:47:17,520

and wanted to just

1245

00:47:25,109 --> 00:47:22,480

i'm and be i've been very angry and

1246

00:47:26,390 --> 00:47:25,119

i've had to walk through that that

1247

00:47:28,069 --> 00:47:26,400

darkness

1248

00:47:31,030 --> 00:47:28,079

to find

1249

00:47:31,990 --> 00:47:31,040

my inner strength and my inner light

1250

00:47:37,190 --> 00:47:32,000

and

1251

00:47:39,990 --> 00:47:37,200

so

1252

00:47:41,750 --> 00:47:40,000

i i've been learning a lot i i wrote a

1253

00:47:43,589 --> 00:47:41,760

book that

1254

00:47:45,750 --> 00:47:43,599

basically they

1255

00:47:47,109 --> 00:47:45,760

brought through me they inspired it

1256

00:47:49,589 --> 00:47:47,119

through me

1257

00:47:52,790 --> 00:47:49,599

and uh

1258

00:47:55,510 --> 00:47:52,800

i've just had nothing but um

1259

00:47:58,630 --> 00:47:55,520

blessings come from my connection

1260

00:48:01,510 --> 00:47:58,640

with my brothers and sisters my

1261

00:48:04,470 --> 00:48:01,520

i call them the star beings and they're

1262

00:48:07,349 --> 00:48:04,480

they're i'm very close to them and

1263

00:48:08,710 --> 00:48:07,359

this this dimension this planet has

1264

00:48:12,870 --> 00:48:08,720

always been

1265

00:48:14,550 --> 00:48:12,880

very foreign to me on many many levels

1266

00:48:17,030 --> 00:48:14,560

and that's because i believe that i

1267

00:48:18,550 --> 00:48:17,040

probably was always more connected to my

1268

00:48:21,270 --> 00:48:18,560

um

1269

00:48:23,430 --> 00:48:21,280

spiritual essence and my star essence

1270

00:48:26,470 --> 00:48:23,440

than my earth essence

1271

00:48:28,069 --> 00:48:26,480

and i've i've learned to adapt here but

1272

00:48:30,150 --> 00:48:28,079

there were so many things that were

1273

00:48:32,230 --> 00:48:30,160

foreign to me and

1274

00:48:33,750 --> 00:48:32,240

when i was younger it was it always

1275

00:48:35,589 --> 00:48:33,760

seemed like there was some kind of rule

1276

00:48:37,589 --> 00:48:35,599

book that i never got

1277

00:48:39,510 --> 00:48:37,599

that everybody else

1278

00:48:41,270 --> 00:48:39,520

that you know everybody else got and i

1279

00:48:43,349 --> 00:48:41,280

never got the copy of something and so i

1280

00:48:46,069 --> 00:48:43,359

didn't know exactly how to be

1281

00:48:49,030 --> 00:48:46,079

and i was always feeling on the outside

1282

00:48:50,710 --> 00:48:49,040

and i i and i was always wanting to

1283

00:48:52,630 --> 00:48:50,720

merge

1284

00:48:54,790 --> 00:48:52,640

i i remember when you know you used to

1285

00:48:56,950 --> 00:48:54,800

go to the psychic fairs and stuff

1286

00:48:58,710 --> 00:48:56,960

and i would sit there and i really

1287

00:49:01,510 --> 00:48:58,720

thought that i wasn't really doing

1288

00:49:06,470 --> 00:49:01,520

anything and every person who read me

1289

00:49:11,190 --> 00:49:08,470

i remember those days

1290

00:49:16,549 --> 00:49:13,430

and i had to really learn

1291

00:49:17,990 --> 00:49:16,559

in this dimension really learn to set

1292

00:49:20,710 --> 00:49:18,000

boundaries

1293

00:49:25,829 --> 00:49:20,720

because in spirit form and when we're in

1294

00:49:30,230 --> 00:49:26,950

we we

1295

00:49:32,309 --> 00:49:30,240

we just move in and out we there's no

1296

00:49:34,309 --> 00:49:32,319

there are no barriers that you know we

1297

00:49:35,589 --> 00:49:34,319

don't have

1298

00:49:38,950 --> 00:49:35,599

this

1299

00:49:41,510 --> 00:49:38,960

we're connected there's no separation

1300

00:49:42,710 --> 00:49:41,520

and i i had a difficult time with

1301
00:49:44,390 --> 00:49:42,720
separation

1302
00:49:46,710 --> 00:49:44,400
in this dimension

1303
00:49:48,390 --> 00:49:46,720
it was a an interesting

1304
00:49:50,230 --> 00:49:48,400
it was interesting to go through that

1305
00:49:53,349 --> 00:49:50,240
and the way it manifested for me and

1306
00:49:55,750 --> 00:49:53,359
stuff so there was a lot of

1307
00:49:57,670 --> 00:49:55,760
i would have to say that

1308
00:49:59,430 --> 00:49:57,680
this dimensional

1309
00:50:00,230 --> 00:49:59,440
earth as it is

1310
00:50:03,109 --> 00:50:00,240
uh

1311
00:50:07,270 --> 00:50:05,270
an impact on me that i've had to work

1312
00:50:09,190 --> 00:50:07,280
through than my connection with the

1313
00:50:12,230 --> 00:50:09,200

beings

1314

00:50:13,829 --> 00:50:12,240

interesting very interesting yeah i i'm

1315

00:50:15,589 --> 00:50:13,839

kind of torn between what both of you

1316

00:50:17,589 --> 00:50:15,599

are saying because i think i'm right in

1317

00:50:19,829 --> 00:50:17,599

the middle i think every day i wake up

1318

00:50:22,309 --> 00:50:19,839

but by the time i get to work i kind of

1319

00:50:24,150 --> 00:50:22,319

put it on the back burner but uh and

1320

00:50:26,630 --> 00:50:24,160

then when i get through work i'm much

1321

00:50:28,630 --> 00:50:26,640

more conscious of it again um

1322

00:50:30,710 --> 00:50:28,640

it comes and goes it's it's very

1323

00:50:33,190 --> 00:50:30,720

interesting how that happens

1324

00:50:36,390 --> 00:50:33,200

um i think because of the work i do

1325

00:50:38,790 --> 00:50:36,400

though i i have to be really focused on

1326

00:50:40,950 --> 00:50:38,800

it so i don't get i don't get that

1327

00:50:43,750 --> 00:50:40,960

chance during my work to even kind of

1328

00:50:46,710 --> 00:50:43,760

let my mind go to that spot

1329

00:50:49,109 --> 00:50:46,720

that where i keep all of my

1330

00:50:51,349 --> 00:50:49,119

angelic friends and

1331

00:50:52,309 --> 00:50:51,359

it's really a spot in my consciousness

1332

00:50:54,309 --> 00:50:52,319

and

1333

00:50:57,349 --> 00:50:54,319

i try to keep them alive within me at

1334

00:50:59,109 --> 00:50:57,359

any given moment so um

1335

00:51:00,710 --> 00:50:59,119

but yeah they do suffer while i'm at

1336

00:51:01,829 --> 00:51:00,720

work but i think the rest of the time

1337

00:51:03,670 --> 00:51:01,839

they're there and i think they're

1338

00:51:05,750 --> 00:51:03,680

protecting me just like they protect you

1339

00:51:08,309 --> 00:51:05,760

mary and i think that's their function i

1340

00:51:10,470 --> 00:51:08,319

think they're very high high dimensional

1341

00:51:11,990 --> 00:51:10,480

being and i just i can't imagine them

1342

00:51:13,990 --> 00:51:12,000

wasting their time

1343

00:51:16,230 --> 00:51:14,000

uh not being there to protect you you

1344

00:51:17,510 --> 00:51:16,240

know just hanging out now they're not

1345

00:51:19,349 --> 00:51:17,520

they're just not going to hang out

1346

00:51:21,670 --> 00:51:19,359

they're not with me all the time in that

1347

00:51:24,390 --> 00:51:21,680

sense but they're definitely there when

1348

00:51:27,910 --> 00:51:24,400

i need the help they're really really

1349

00:51:31,109 --> 00:51:27,920

boisterous at that point

1350

00:51:33,829 --> 00:51:31,119

right which is interesting i think

1351
00:51:34,950 --> 00:51:33,839
i just it's all really fascinating you

1352
00:51:38,309 --> 00:51:34,960
know

1353
00:51:41,430 --> 00:51:38,319
i mean i've been going to ufo

1354
00:51:43,829 --> 00:51:41,440
conferences since 1997

1355
00:51:45,750 --> 00:51:43,839
and when they were in laughlin and then

1356
00:51:47,990 --> 00:51:45,760
all the ones you know and i've heard

1357
00:51:50,790 --> 00:51:48,000
many many many of the speakers and i've

1358
00:51:52,710 --> 00:51:50,800
i've i've listened to the stories of the

1359
00:51:54,710 --> 00:51:52,720
um

1360
00:51:56,630 --> 00:51:54,720
contactees and stuff

1361
00:51:57,910 --> 00:51:56,640
and my experience

1362
00:51:59,030 --> 00:51:57,920
is so

1363
00:52:01,589 --> 00:51:59,040

different

1364

00:52:06,950 --> 00:52:01,599

you know it it i never felt

1365

00:52:13,750 --> 00:52:09,349

i welcomed

1366

00:52:14,950 --> 00:52:13,760

when they worked with me they were

1367

00:52:17,670 --> 00:52:14,960

working for

1368

00:52:20,150 --> 00:52:17,680

my highest good you know they were

1369

00:52:23,349 --> 00:52:20,160

supporting my higher

1370

00:52:26,630 --> 00:52:23,359

self so i never had that feeling

1371

00:52:30,150 --> 00:52:26,640

that they were dark or

1372

00:52:32,150 --> 00:52:30,160

harmful and and yet there are many

1373

00:52:33,990 --> 00:52:32,160

who have had those experiences and my

1374

00:52:35,910 --> 00:52:34,000

heart goes out to them

1375

00:52:37,030 --> 00:52:35,920

uh because my experience was so much

1376

00:52:39,670 --> 00:52:37,040

different

1377

00:52:40,710 --> 00:52:39,680

yeah yeah very cool well you guys you're

1378

00:52:43,109 --> 00:52:40,720

not going to believe this we only have a

1379

00:52:46,150 --> 00:52:43,119

couple minutes left in the show so

1380

00:52:47,109 --> 00:52:46,160

again mary electra how did they find you

1381

00:52:58,390 --> 00:52:47,119

on

1382

00:53:01,829 --> 00:52:58,400

site is and let lorien know how much you

1383

00:53:03,589 --> 00:53:01,839

like it well we still have a little bit

1384

00:53:05,990 --> 00:53:03,599

of work to go i have a shopping cart i'm

1385

00:53:08,309 --> 00:53:06,000

trying to build into it and yeah it's

1386

00:53:09,910 --> 00:53:08,319

good it's going to morph and change but

1387

00:53:11,670 --> 00:53:09,920

for right now just for the month of

1388

00:53:13,990 --> 00:53:11,680

august i got to pay attention to other

1389

00:53:15,910 --> 00:53:14,000

things but we'll i'll get back on it

1390

00:53:19,109 --> 00:53:15,920

folks and do some really fun stuff with

1391

00:53:20,870 --> 00:53:19,119

it so anyhow okay wonderful mary thank

1392

00:53:22,309 --> 00:53:20,880

you okay robert it's your turn tell

1393

00:53:24,630 --> 00:53:22,319

everybody how to get ahold of you find

1394

00:53:26,870 --> 00:53:24,640

me on facebook you can find me like me

1395

00:53:28,510 --> 00:53:26,880

on facebook if you like and you'll see

1396

00:53:31,190 --> 00:53:28,520

the announcement pop up hey

1397

00:53:32,470 --> 00:53:31,200

robertparella.com it's the debut

1398

00:53:34,549 --> 00:53:32,480

and then you should see that probably

1399

00:53:36,069 --> 00:53:34,559

next thursday or friday and then the

1400

00:53:37,750 --> 00:53:36,079

whole thing will be up all at once why

1401

00:53:40,150 --> 00:53:37,760

spoil the party you know it's sort of

1402

00:53:42,470 --> 00:53:40,160

like just put it all up at once and then

1403

00:53:44,230 --> 00:53:42,480

let them peruse and enjoy and thank you

1404

00:53:46,870 --> 00:53:44,240

for having me on your show a chance to

1405

00:53:49,829 --> 00:53:46,880

speak to others and to wish mary a happy

1406

00:53:53,109 --> 00:53:49,839

birthday and all those in in august and

1407

00:53:55,510 --> 00:53:53,119

um such a privilege thanks so much

1408

00:53:58,470 --> 00:53:55,520

i just need to tell you how proud i am

1409

00:53:59,589 --> 00:53:58,480

of you how honored i am to be your

1410

00:54:01,430 --> 00:53:59,599

friend

1411

00:54:04,069 --> 00:54:01,440

i really am

1412

00:54:06,390 --> 00:54:04,079

you're a dear being likewise mary

1413

00:54:07,829 --> 00:54:06,400

likewise we know each other forever

1414

00:54:10,870 --> 00:54:07,839

and it's great

1415

00:54:12,630 --> 00:54:10,880

i feel very blessed by it and i i love

1416

00:54:15,109 --> 00:54:12,640

what you're doing and everybody pay

1417

00:54:16,630 --> 00:54:15,119

attention to what he's got to say it's

1418

00:54:21,349 --> 00:54:16,640

really wonderful

1419

00:54:26,870 --> 00:54:23,190

oh anyhow i was just going to say robert

1420

00:54:28,790 --> 00:54:26,880

truly is one of the the best um

1421

00:54:31,910 --> 00:54:28,800

guys out there in the business he's been

1422

00:54:34,150 --> 00:54:31,920

at a long time it's been 20 years now at

1423

00:54:38,150 --> 00:54:34,160

least and you know he's still going

1424

00:54:40,150 --> 00:54:38,160

strong unlike a lot of these people that

1425

00:54:42,150 --> 00:54:40,160

drop out and mary you've been there too

1426

00:54:44,630 --> 00:54:42,160

so i just want to say thank both of you

1427

00:54:46,390 --> 00:54:44,640

for being in my life i really appreciate

1428

00:54:48,390 --> 00:54:46,400

it happy birthday to both of you i'll

1429

00:54:50,630 --> 00:54:48,400

see you this saturday robert mary i

1430

00:54:53,109 --> 00:54:50,640

won't see you for a while but next time

1431

00:54:55,829 --> 00:54:53,119

we get together it's ella this baby i'm

1432

00:54:57,670 --> 00:54:55,839

telling you right now illness happy

1433

00:55:02,549 --> 00:54:57,680

birthday

1434

00:55:04,630 --> 00:55:02,559

okay good night everybody we'll see you